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Your essential daily news | wednesday, october 12, 2016

'We've hita roadblock'

City's housing starts down in a big way



Ameya Charnalia For Metro | Edmonton

Construction of new houses in Edmonton slowed significantly in September, according to numbers released by the Canada Mortgage and Housing Corporation.

Actual housing starts were down 28 per cent year-over-year in September, CMHC said in a statement.

Developers have started rolling back construction projects because of slower demand, said Jakie Ng, a downtown condominium specialist with Re/Max River City in Edmonton.

"There has been a lot of inventory that has snowballed to where we are today," he said. "Is it worrying right now? It's too early to panic."

Ng said buyers are aware of increasing incentives to buy homes, which includes an ebb in prices and a federal move to tighten mortgage rules.

"I believe that we've hit a road block and that's all it is. We will recover from it."

A slower pace in multi-family housing starts offset an uptick in single-detached construction in September, Christina Butchart, a market analyst with CMHC, said, in a statement.

Over the first nine months of the year there were a total of 7,162 starts in the region compared to 13,499 during the same nine months in 2015.

Most of that decline comes in multi-family housing projects like condominiums and apartments. There were 9,004 of those starts in 2015, versus just 4,085 this year.

"Employment losses, lower migration, and elevated new home inventory are tempering multi-family construction in Edmonton," Butchart said.



Edmonton seniors fed up with road construction making their street 'impassable' metroNEWS

KEVIN TUONG/FOR METRO





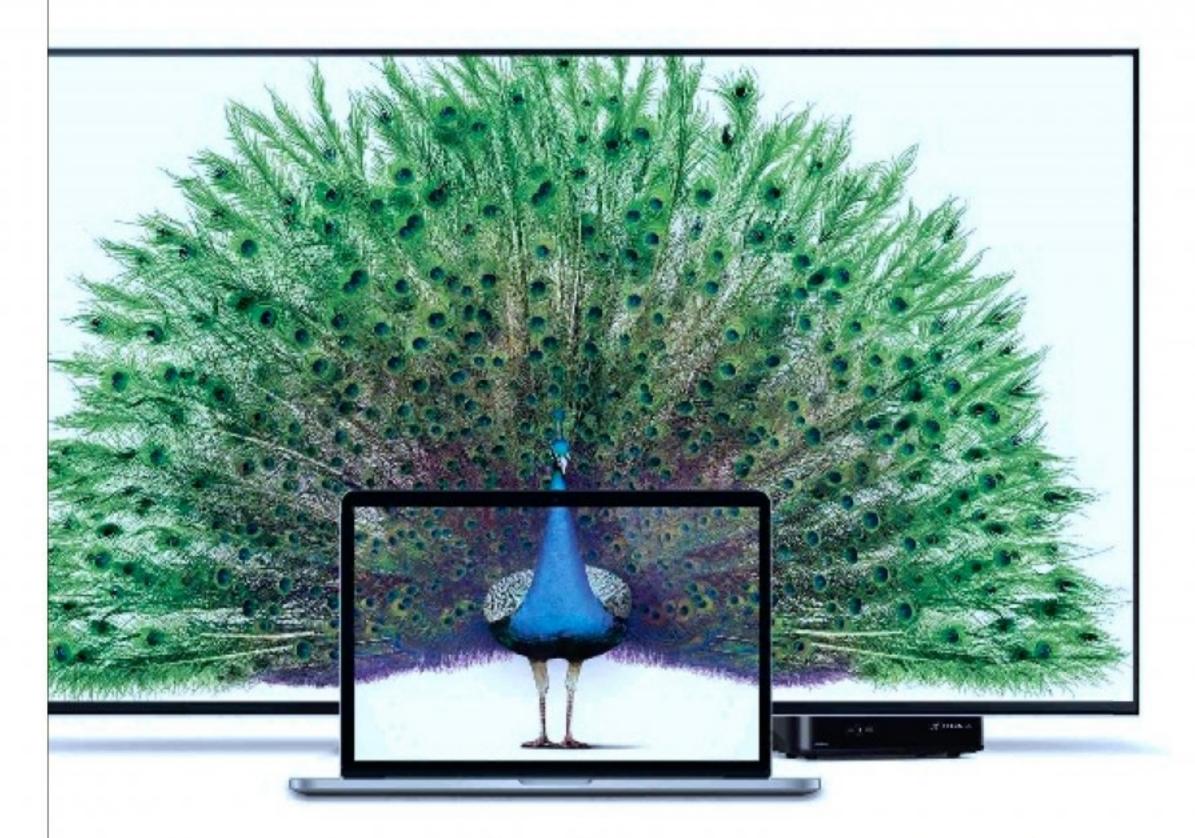
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Your essential daily news

Sophie Grégoire-Trudeau marks International Day of the Girl with social media accounts. Canada

Cyclists celebrate bike lanes

Mayor hopes city can do more than current project



Ryan Tumilty Metro Edmonton

Michael Kalmanovitch uncorked the sparkling fruit juice he brought to city council Tuesday morning to celebrate what he saw as a historic moment.

After councillors unanimously approved building a new downtown bike grid, Kalmanovitch — the owner of Earth's General Store — said it had been a very long time coming.

"The first bicycle transportation committee meeting I went to was in 1985 and the city has done a poor job over (30) years getting their act together," he

Kalmanovitch was among about a dozen cyclists who rallied for the bike lanes, but ended up celebrating instead as council voted for them unanimously Tuesday with relatively little debate.

He said now they will have to watch to make sure the lanes are not only installed, but installed right, as city doesn't have the greatest track record on bike infrastructure.

"There are a lot of cities around the world that do this, we don't have to reinvent the wheel," he said, pointing to Calgary's cycle track on which the plan is partially modelled.



Members of the cycling community celebrate after the bike lanes were approved. RYAN TUMILITY/METRO

New Grid

The \$7.5-million plan will see lanes along 104 Avenue, 102 Avenue and 100 Avenue, as well as 106 Street, 103 Street and 99 Street using planters and small curbs to separate traffic.

They should be installed by mid 2017.

Stantec Engineering and not the city itself proposed the grid earlier this summer, and then split the cost of a study of the idea with the city.

Coun. Scott McKeen said while there would undoubtedly be some people opposed to the lanes, he was sure they

were needed.

"As much as I have had the odd critical email, we have been personally inundated with demand from people who want to cycle and don't feel safe," he

Coun. Bryan Anderson asked administration for number on

the amount of cyclists the city currently has, saying he was anticipating pushback from some

According to city staff, about 5,500 cyclists come in and out of downtown currently and about one per cent of Edmontonians cycle commute.

The first bicycle transportation committee meeting I went to was in 1985 and the city has done a poor job over the years getting their act together.

Michael Kalmanovitch

Expanded plans

Mayor Don Iveson also asked administration to go further and see if federal and provincial funding could be used to expand the grid beyond even what was proposed, pushing it into the University of Alberta and Strathcona areas in

Iveson said he's heard there may be funding for active transportation in programs both governments have coming forward, so if possible, it makes sense to leverage that money.

"I just want to be in a position to take advantage of that and maybe stack the funds we have identified here," he said.

Iveson said the city's previous attempts at bike lanes were disjointed and didn't connect people with parts of the city where they needed to go.

He said he heard that message on the campaign three years ago and is glad the issue is finally being addressed.

"I was as frustrated as anyone that we weren't building higherquality infrastructure where the need is highest."



Parents peeved about lack of input on curriculum



Calgary Association of Parents and School Councils (CAPSC) says Alberta Education didn't give outside groups enough time or notice to apply to be a part of the expert working groups that will be tasked with the first stages of the curriculum rewrite.

Wednesday, October 12, 2016

Althea Adams, spokeswoman for CAPSC, said the call for those wishing to participate was posted online with no notice and a deadline of Oct. 7 at 4 p.m. Adams said it was by chance that the group stumbled upon it early last

"One of our members said they were on the website on the weekend and it wasn't there on the weekend - so essentially we've been given

less than a week," she said.

The document states it was created Sept. 22 but was only available online on the Sept.

Education Minister David Eggen said the consultation for the curriculum will be ongoing, and will be opened up to those not in the expert working groups later this month.

This is a very well put together online consultation document, which is forming the basis of all inputs to the curriculum in the province,"

"It doesn't matter if you're a parent in Cardston or a U of A professor - you can fill this out and it will give us a fulsome contribution that we'll take into consideration."

Adams said they were under the impression this part of the curriculum rewrite for the expert working groups would be opened up to public groups for

Essentially we've been given less than a week.

Althea Adams

participation.

"They said they were inviting input for this, but essentially what they've done is already selected their group," she said.

"What it seems like they're trying to do is fulfil their commitment to open it up - so technically they've done it but with so little time."

Adams said CAPSC managed to put together their application to be part of the expert groups early last week but said it's not going to be as good as it could have been given more time.

"It's a rushed document," she said.



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Bill Fawcett is frustrated by construction delays in Tweddle

Street stress for seniors

CONSTRUCTION

Sewer upgrade leaves couple struggling in city's south end



Kevin Maimann Metro Edmonton

A ripped-up road in south Edmonton has an elderly couple struggling to get in and out of their own home.

Allison Miller said her grandparents, Bill and Alice Fawcett, recently went to Calgary for two weeks - cancelling medical appointments to do so -because of the difficulties they were having with the storm sewer upgrade.

"Their street is impassable," Miller said.

"It's a three-block walk to the closest place to park."

The road in Tweddle Place, at 88 Street and 44 Avenue, is currently ripped up in both directions.

A boardwalk to get around construction is difficult for the couple to navigate, as both have knee problems, Miller

Miller hopes to help other people with mobility issues avoid the same difficulties.

"This is a project that's going to start going next year in another neighbourhood, and we don't want them to have the same problems that we're having," she said.

"My grandparents are fortunate enough that they're still mobile and they have a lot of family support, so we can make it work.

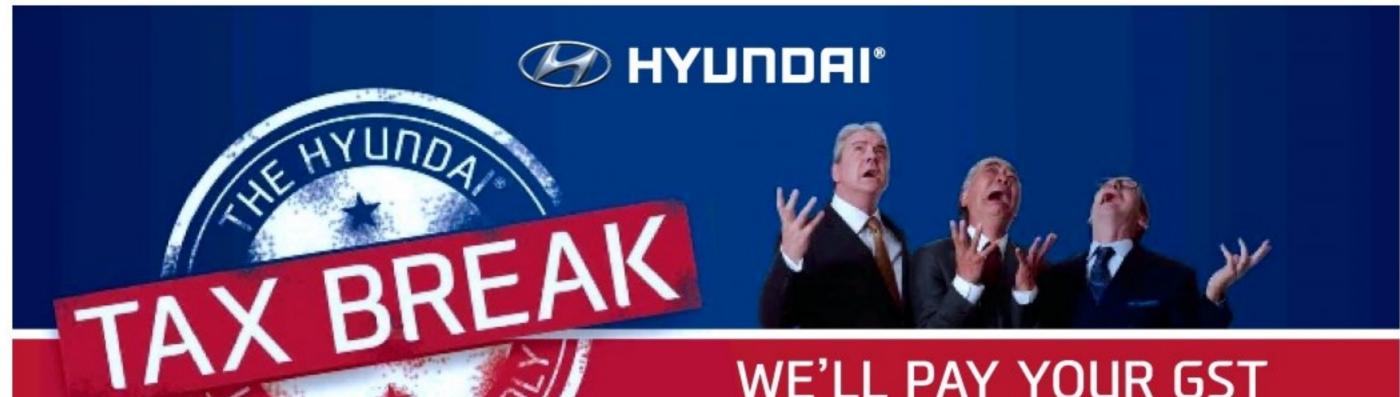
"But there are other people who are not in this situation."

City project manager Diane Wirtz said progress has been delayed significantly by rain and snow but the road will be open and paved by the end of October.

The project aims to fix "chronic flooding" in the neighbourhood, she said.

Wirtz said the city has been in constant contact with residents, including several with mobility concerns.

"Any time that they have concerns we've tried to address them as best as we can, and we're also doing our best to move the project along to completion as quickly as possible," she said.



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Food rules unfair: CEO

BUSINESS

Vendors at disadvantage when not at farmers market



Kevin Maimann Metro Edmonton

Wednesday, October 12, 2016

The CEO of Night Market Edmonton wants to end what she says are inequities in Alberta's food regulations.

Trina Shipanoff is calling for a levelling of the playing field between public market and farmers market vendors — after being frustrated by additional permits, licences and inspections that she says have hurt her public market's ability to attract vendors.

"Not having the same kinds of laws and regulations that are available for the farmers market really severely limits the amount of people and food vendors that I can have," Shipanoff said.

The co-founder of food-sharing business Scarf recently called out Alberta Health for denying



Night Market Edmonton CEO Trina Shipanoff is calling for changes to food regulations in Alberta. KEVIN TUONG/FOR METRO

him a permit because its homecooked meals are not made in commercial kitchens.

Shipanoff's vendors also have to operate out of commercial kitchens, whereas farmers market vendors do not.

"I would like to see the equity so that people who are making food at home have the same opportunities to sell at a public market as a farmers market."

"The public market food is actually much safer ... Because you have no idea how (farmers market) food has been prepared in that person's kitchen."

Kirsta Franke directs the public 124 Street Grand Market as well as the French Quarter farmers market. She said neither market has had complaints about a food item making somebody sick.

She noted farmer's markets face their own obstacles, includ-



The public market food is actually much safer ... because you have no idea how (farmers market) food has been prepared in that person's kitchen.

Trina Shipanoff

ing a lengthy application process through Alberta Agriculture.

Franke also said inconsistency among different Alberta Health Services inspectors can be confusing, and supports a more equitable approach.

"I think that setting a standardized process for food processing within the city or the province is important, on either a public market scale or an approved market scale," she said.

An Alberta Health Services spokesperson said he reached out for comment but Metro had not received the comment by press time.

GOVERNANCE Council dumps opening reflection



City council will start future meetings without any prayer or moment of silent reflection.

The city has been studying an alternative to an opening prayer, following a Supreme Court decision in 2015 against a Quebec municipality that opened its council session with a strictly Catholic prayer.

Until that decision, Edmonton councillors had opened their session with an interfaith prayer, inviting leaders from different faiths to open the session.

Council had asked city staff to consider a host of alternatives, but ultimately voted Tuesday to simply suspend the practice.

Mayor Don Iveson said Edmonton's tradition was much broader than the Quebec town that stuck exclusively to one faith and so he's disappointed it will be swept out.

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Bigotry wave linked to Trump rhetoric



Irfan Chaudhry, a MacEwan University sessional instructor who studies racism, said people emboldened by Donald Trump's often bigoted rhetoric might feel more comfortable expressing bigotry, which he sees as linked to the "narrative of fear" in Alberta over the past few weeks.

Racist posters have recently surfaced both at the University of Alberta and the University of Calgary. Meanwhile, Edmonton launched the Make it Awkward campaign to combat racism after slurs were hurled at Jesse Lipscombe, who was filming a video about Edmonton's downtown.

For Chaudhry, beyond Trump speaking without concern, many Canadians also feel Canada should not have accepted Syrian refugees.

"I think there's definitely an

interplay there as well, just in terms of the social context we find ourselves in," he said.

"Topics such as immigration and religion and politics oftentimes galvanize a polarizing response, so we shouldn't be surprised to see these conversations happening. What does get surprising though is when it starts to fester into aspects of hate."

The economy's struggles could also be causing some people to blame their woes on various cultural groups and immigrants, Chaudhry said, a phenomenon known as "crisis racism."

In September, the Sikh community held the "Turban, Eh!" event as a response to the appearance of the racist posters at the U of A. Volunteers tied turbans for attendees and shared information about the Sikh faith.

"As nasty and negative as these incidents are, people want to take that hateful minority viewpoint and counter it," said Chaudhry.



CN workers say workplace fatigue is putting people at risk. REUTERS FILE

Rail workers tired of a 'culture of fear'

City ski club stays upright for 2016



Tumilty Metro Edmonton

The Edmonton Ski Club will get at least another year on the slopes, as city councillors voted to give the club funding to get through another year.

The club is facing financial challenges as it deals with aging infrastructure that needs upgraded, while at the same time it will lose some of its property to the Valley Line LRT project.

The line will take space at the top of the hill, requiring the lifts to be repositioned and potentially shortening some of the runs.

Between 2011 and 2015 the club, which is volunteer run, showed an operating loss of

The organization was asking the city for \$1.3 million over the next five years, but council approved just \$388,000 for this coming year.

Mayor Don Iveson said the club is a benefit to the city, but council needs more information before working out a long-term commitment.

"We will want to work with them through that. It's a great asset and we don't want to lose it, but we need to see a bit deeper more thorough business case before we put a whole lot of money in," he said.

EMPLOYMENT

Some staff fed up working long hours in jaded state



Kevin Maimann Metro Edmonton

Some CN railroad workers in Edmonton say they are fed up with a "culture of fear and intimidation" that keeps them working longer hours than they can handle.

Workers rallied near Grand

Trunk Park on the city's north side last Wednesday to push their employer to take workplace fatigue seriously.

"They're forcing us to come to work when we're tired and to remain at work tired, despite provisions in our collective agreement that allow for us to be the judges of our own condition while we're at work," said a locomotive engineer, who has worked with CN for 10 years.

Metro is not using his name to protect the worker from retribution from his employer.

The workers' union, Teamsters Canada Rail Conference Division 796, claims CN train crews are commonly forced to

work beyond the time their rest periods are scheduled to begin.

The engineer who spoke to Metro said employees have been ignored, and in some cases disciplined, for raising concerns about fatigue to their supervisors.

He said CN's failure to deal



Operating a train requires a lot of focus and attention to detail.

CN engineer

with the problem is putting not only employees but the

"Operating a train requires a lot of focus and attention to detail. When someone is deprived of sleep it impairs both their physical as well as their cognitive ability to do so," he said.

CN spokesperson Kate Fenske responded to an interview request with an email Thursday saying the company plans to talk with the union.

"CN is committed to running a safe railway and will be discussing yesterday's event with senior union leaders," she said, in the email.



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Obesity patients get fitted

CLOTHING

'Custom undies' help keep excess skin in place



Alex Boyd Metro Edmonton

Depending on who you ask they're described as a girdle, a relative of Spanx or simply "custom undies."

But whatever you call them, they're solving a problem a lot of people deal with, but few talk about.

When someone obese loses a huge amount of weight, the excess skin left behind can be a major impairment, according to Mary Forhan, professor of occupational therapy at the University of Alberta.

"It's not something that a lot of people will talk about. It's stigmatizing," she said.

That's why she's rolling out a one-year pilot program to study whether a stretchy, custommade garment makes it easier



Occupational therapist Katelyn Teske measures Marty Enokson for his custom-made bariatric support garment. CONTRIBUTED

for people with excess skin to move around.

"After I lost weight, I felt like a flying squirrel because there's so much loose skin flying about," Marty Enokson, who had bariatric surgery eight years ago, said in a release.

He said the garments, which

are currently only made by a company in France, control loose skin and keep things in

Forhan said she's long been frustrated that there wasn't a product like this available.

She was in the early stages of designing her own when she found the company in France, who uses trained staff to measure people for their own garments.

"My experience is that with this particular group, people living with severe obesity, they tend to be a very under-serviced population," Forhan said.

It's not something that a lot of people will talk about.

Mary Forhan

Part of the issue is that the stigma still associated with obesity means less attention is paid to their needs, she said.

The other issue is that most people think losing weight is easy and don't think about the challenges those who successfully drop the pounds face.

"The general population seems to think it's an easy fix. that people can go and get (the loose skin) cut off," she said, pointing out that's actually a fairly complicated procedure not covered by health care.

Her research will make the garments available at six clinics across the province and study whether the garments make life easier for those who wear them. She said she gets no funding from the garment company.

She plans to present her results to both the government and insurance companies.

Reserve worried about backlash

LETHBRIDGE ATTACK

The chief and council of a southern Alberta reserve met Tuesday with the mayor of Lethbridge to discuss fears of a public backlash following the arrest of one of its members for a horrific attack on a woman in the city.

Blood Tribe spokesman Rick Tailfeathers said the meeting with Mayor Chris Spearman was to get a dialogue going after Lethbridge police charged a man with attempted murder last week.

Police have said the woman was randomly attacked and then dragged into an alley and sexually assaulted. The 25-year-old was in a medically-induced coma to control bleeding in her brain.

Denzel Dre Colton Bird, 20, identified as a member of the Blood Tribe, also faces charges of aggravated sexual assault, sexual assault with a weapon, aggravated assault and break and enter.

"We do not condone violence of any kind," said the Blood Tribe in a statement.

THE CANADIAN PRESS

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Funding needed for reintegration



Kevin Maimann Metro | Edmonton

A program that helps sex offenders re-integrate into society is hopeful for new federal funding.

The Edmonton branch of Circles of Support and Accountability is entirely volunteer-run since the Harper government cut funding for the national organization in 2014.

The federal government has recently reopened the discussion on funding the group, though no decisions have been made.

"There essentially are no programs funded for (released sex offenders)," said Arthur Dyck, president of the Edmonton branch. "And that's the danger. If you release people

A judge has stayed a first-degree

murder charge after it took the

case more than five years to get

week for 29-year-old Lance Mat-

bing to death fellow inmate

Mason Tex Montgrand at Ed-

monton Institution in August

man says the charge was stayed

on Friday because of the long

An Alberta Justice spokes-

A jury trial was to begin next

Regan was accused of stab-

to trial in Edmonton.

thew Regan.

2011.

delay.

from prison and they have no place to go and nothing to do. their stress levels go up, and the chance of them re-entering the crime cycle goes up also."

The organization used to get \$7.5 million annually across Canada from the National Crime Prevention Centre, some of which funded a study that showed the program lowered rates of recidivism.

Since the cut, COSA Edmonton lost its full-time coordinator.

Dyck said the demand for the program stretches beyond what his organization can provide, and a small amount of funding would go a long way toward saving money on correctional services.

"In the long run, it's going to make our communities safer. In the long run it's going to save a lot of money," he said.

He could provide no further

Alberta Justice could not im-

comment, saying the Crown has

yet to decide whether to appeal.

mediately provide The Can-

adian Press with a copy of Fri-

WITH FILES FROM GLOBAL NEWS

day's ruling.



The use of limousines to chauffeur Mental Health Review Panel board members has drawn criticism from the health minister and the Opposition. MARIO TAMA/GETTY IMAGES FILE

Taxpayers spent \$50K on limousines

Murder charge stayed over five-year trial delay

Service brought board members to hearings on mental health



Jeremy Simes For Metro | Calgary

Global News got the ruling and reported Court of Queen's Taxpayers are on the hook for Bench Justice Stephen Hillier more than \$50,000 after the said that the delay violated Rechair of a government body gan's constitutional right to hired a private limousine combe tried within a "reasonable pany to chauffeur board members to mental health hearings time." in southern Alberta. THE CANADIAN PRESS,

On Tuesday, Metro compiled

private car expenses accrued by Marilyn Smith and David Gordon, who chair and vicechair the Calgary and South Mental Health Review Panel, respectively.

From Jan. 5, 2015 to June 20, 2016, taxpayers paid \$51,741.44 for a Calgary limousine company to drive the panelists from the city to Lethbridge, Medicine Hat or Claresholm.

Health Minister Sarah Hoffman, who wasn't made available for an interview, said in an emailed statement that she thinks most Albertans would find the costs inappropriate.

"I didn't (find them appropriate)," she said, "and I told our department to find a better way to transport panel members to hearings. I also asked them to look into making more use of teleconferencing."

Wildrose Health Critic Drew Barnes said he would support teleconferencing if local officials considered it to be the right decision.

"This is very disappointing, given the fact that so many Albertans in southern Alberta are without jobs or had their hours scaled back," Barnes said. "The economy is so fragile right now, it's absolutely amazing this waste and this spending exists."

Metro reached out to Smith for comment, but calls went

I told our department to find a better way to transport panel members to hearings.

Statement from Health Minister Sarah Hoffman

unreturned. After leaving voice mails for Smith, a government spokesperson provided an emailed response. "Don't think we have anything additional from what the Minister's office would have provided," it read.





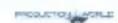














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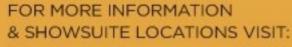
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Edmon-toons

CULTURE

Chad Huculak's comic sendups of city featured in new book



A popular Edmonton-centric comic has been immortalized in a book.

Chad Huculak's book, End of the World, is based on his comics that have appeared in the Edmonton Examiner and currently appear on GigCity.ca.

"It's a dream come true," said Huculak. "I think printed work still has value because I know these days anyone can put up anything online, but it feels like having something published feels like reaching some goal."

Lampooning everything Edmonton, from the Oilers to our bitterly cold weather, Huculak says the city's winter-hardened, hockey-loving residents will find the book relatable.

A portion of the book covers the 2013 civic election, which is when Huculak says he "hit his stride" poking fun of the campaigns with his day-to-day musings.



Chad Huculak poses art in new book, End of the World. FILE

Poking fun at living in the north end and the Oilers also fill the pages of Huculak's

"I do like to poke fun at the Oilers. They have been a favourite of mine," he said. "The team has sucked for so long yet we have supported them."

Edmonton has an abundance of cartoonists, said Huculak, but most of them have their work online.

"There hasn't been a lot of published Edmonton cartoonwork," he said.

"I kind of just wanted to do the book thing."

Give prof fair process: Faculty

The University of Lethbridge's faculty association is speaking out against the suspension of a professor whose online comments about the Holocaust and Israel have angered Jewish groups.

Association president Andrea Amelinckx says the move violates provincial law and contravenes the contract between faculty and the university.

She says the contract sets out a process for investigating complaints in a fair, speedy and thorough fashion.

Jewish groups like B'nai Brith Canada and the Centre for Israel and Jewish Affairs have commended the suspension of Anthony Hall, a tenured professor in liberal education and globalization studies.

The groups have cited online videos in which the professor suggests the events of the Holocaust should be open for debate and that there was a Zionist connection to the 9/11 attacks.

The university said in a statement last week that Hall has been suspended without pay pending an internal review into possible violations of the Alberta Human Rights Act.

"The University of Lethbridge Faculty Association does not condone violations of the Alberta Human Rights Act in any form. We also protest the actions on the part of president (Michael) Mahon and the board in violation of the Post Secondary Learning Act," Amelinckx said in an emailed statement Tuesday.

"We call on the board of governors of the University of Lethbridge to ensure that the allegations that have been made against professor Hall are investigated with the speed and thoroughness they deserve, using the legal and contractual procedures already in place in the Post Secondary Learning Act and the contract with the Faculty Association."

THE CANADIAN PRESS



Ice Castle coming back

Utah-based Ice Castles company is journeying north to construct a massive ice palace in Hawrelak Park after an "incredible reception" last year. The structure involved 30,000 tonnes of ice and took two months to construct. Because of unseasonably warm weather it ended

up closing in February.

Construction starts November with the ice castle to open to the crowds in December. METRO

Connor McDavid saves city

Is Connor McDavid revitalizing Edmonton? One book argues the hockey phenom is behind the renewal of both a

team, and city.

The McDavid Effect, released Tuesday, was written by award-winning journalist Marty Klinkenberg. He links the talent to developments like the new arena and the revitalization of downtown, and argues long-suffering hockey fans in the city are beginning to hope again. METRO



Police investigate a single-vehicle collision at 104 Avenue and 105 Street on Tuesday. KEVIN TUONG/METRO

Driver dies after downtown crash

A man is dead after crashing a vehicle into a building in downtown Edmonton on Tuesday.

Police responded to a single-vehicle collision near 104 Avenue and 105 Street around 10:30 a.m., where it was reported a Toyota Corolla travelling eastbound on 104 Avenue crossed into the westbound lane, hit a barricade and ran into a condo.

The driver, a man police believe to be in his 50s, was treated on scene and taken to hospital where he was declared dead. Police say a medical episode may have been a factor.

The man had no passengers in the vehicle and police do not believe anyone else was injured.

Traffic was shut down for several hours on 104 Avenue between 104 and 106 Street in both directions while police investigated.

Police are asking witnesses to come forward with more information. METRO

Publisher awarded for peace activism



Boyd Metro Edmonton

The publisher of the Alberta Street News has been honoured for her "unconventional" work promoting peace in Edmonton.

Linda Dumont was presented by Project Ploughshares with this year's Salvos Prelorentzos Peace Award at City Hall last week.

"I was quite surprised because I didn't really consider myself a peace activist, but when you consider that selling papers for people who have addictions it's harm reduction," she said. "It does create peace in that way."

The paper is a crucial lifeline for the low-income vendors who sell it. They purchase copies for 50 cents and keep any profits.

But just this spring the paper's future was anything but certain.

The Street News costs about \$700 to print each month, and relies heavily on advertisers. A change in ownership and dropping sales put the paper

in danger of closing in April.

Dumont reached out to the public, and received enough donations and ad sales that the paper is "stable for now,"

She added Couns. Ben Henderson and Michael Walters have been helping with the search for more consistent funding.

She said the paper is much more than a news source covering Edmonton's inner city.

"It provides employment for the people who are selling," Dumont said. "Many have disabilities, mental, physical, or addictions, you name it, and maybe they only feel good enough to work for two hours. But they take pride in working."

Housing activist Jim Gurnett echoed this when he introduced her at the award ceremony.

"Linda is a model of the peace making that can happen in very unconventional ways," he said in a video of the event.

"It would be very hard to count the lives in this city who have benefited from her care and attention."

'Tow' the line on parking

Violators face \$75 fine, cars dragged away



The city is asking residents to "tow" the line on parking rules around Rogers Place.

Parking violations at the first few events caused traffic congestion and safety hazards, the city said in a statement on Tuesday.

Residents are asked to obey permanent and temporary "no stopping," "no parking," and "two-hour parking only" signs present in residential and business areas around the arena. People who park illegally will be fined \$75 and may have their vehicle towed

at their expense.

The city has also advised residents that selling or providing parking spaces for event-goers on private property is illegal. Operating parking spaces without a development permit and a business licence is illegal, said Alison Burns, a communications adviser with the city.

"It causes a lot of problems in residential communities because it brings a lot of

vehicle and pedestrian traffic into neighbourhoods that wouldn't otherwise be there," she said.

Litter, excessive noise, damage to public and private property, and curb crossing, are other resulting problems, Burns said.

Fines start at \$450 for operating without a business licence and \$1,000 for operating without a development permit.



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'It took everything in its path'

WEATHER

Atlantic Canada cleans up after storm wreaks havoc

After hours of unrelenting rain, the roar came so suddenly it woke Helen Kendell. She went outside at 4 a.m. Tuesday to find her daughter frantic with fear - and a "tsunami" of water coming down Main Street in Morrisville, N.L.

"It took everything in its path. It was a foaming river, it was unreal," Kendell said from her home in the community of about 100 residents in the Bay d'Espoir region.

"My daughter was just screaming. She said, 'Mom, we're all going to be drowned,' because we didn't know what was happening. I lived here almost 60 years and I've never seen anything like this before. It was frightening."

In Morrisville, and much of Atlantic Canada, cleanup efforts were underway Tuesday after a storm that brought torrential rain and strong winds, leaving



Norris Arm, Newfoundland, feels the effects of the tail end of Hurricane Matthew. Runoff from the rain that fell caused roads in the small community to be washed away. THE CANADIAN PRESS

thousands without power and washing out roads.

Among the worst hit was Cape Breton, which received more than 200 millimetres of rain. Wayne MacDonald, director of public works for the Cape Breton Regional Municipality,

said Tuesday morning the extent of flooding damage wasn't yet known.

"Manhole covers have come off due to the pressures and in areas there is ... damage that cannot be seen yet with the waters this high," MacDonald

told a news conference.

Photos on social media showed water reaching up to a car window in Cape Breton, waves battering the Canso Causeway and firefighters wading through nearly waistdeep water.

In Newfoundland and Labrador, states of emergency were declared in several communities. Photos posted on Twitter showed chewed-up roadways littered with debris, a car on its side and a destroyed bridge in St. Alban's.

One photo posted on Facebook showed an overturned truck amid the wreckage of sheds and other debris in Morrisville.

Kendell said four houses in the community were badly damaged - in one case by a shed that had been pushed into it by

"So much of the pavement is gone, (the water) brought trees and rock; the debris on our lawn is unreal," she said. "It was unreal. It took four sheds and a couple of cars, It was devastating."

The road into Morrisville is washed out, and it is unclear when it might again be passable. Parks Canada said the Trans Canada Highway in Terra Nova National Park would remain closed until late Tuesday or Wednesday because of a washout about one kilometre from the park's eastern entrance.

THE CANADIAN PRESS

Dolphins killed in storm

Seven dolphins were found dead Tuesday in a small Newfoundland fishing village, after beaching themselves during rough weather.

The Department of Fisheries and Oceans said the whitesided dolphins died at Boyd's Cove, 60 kilometres northwest of Gander in central Newfoundland, during the storm that pounded Atlantic Canada.

They did not appear to be sick. DFO said.

"They likely beached after becoming disoriented in storm conditions," DFO said in a tweet Tuesday afternoon.

Delilah Perry said she spotted one dolphin, which she estimated to be nine feet long, on the beach behind her house at low tide.

"The water was really low and there's a lot of rocks out there, and the wind brought him in, and he landed just below my lawn," she said.

Perry said four or five men tried to help other dolphins found nearby, without success. THE CANADIAN PRESS





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EQUALITY GRÉGOIRE-TRUDEAU CELEBRATES INTERNATIONAL DAY OF THE GIRL Sophie Grégoire-Trudeau takes selfies after opening the market at the TSX in Toronto to celebrate International Day of the Girl on Tuesday. She also used the occasion to launch Facebook and Instagram feeds of her own. "It's time," she wrote. "On this International Day of the Girl, it's time to share the amazing journey we're on together." EDUARDO LIMA/METRO

Citizenship fees up, applications down

GOVERNMEN

2016 saw 1/3 of applications compared to previous years

The number of immigrants applying for Canadian citizenship has plummeted for the second year in a row in the wake of hefty application fee hikes Ottawa introduced in recent years.

The trend has prompted fears that the current citizenship costs — \$530 per adult, plus a \$100 right of citizenship fee — are creating a growing underclass of newcomers who can't afford the fee and hence are prevented from full integration and participation in Canadian society, according to a report published in the Institute for Research on

Public Policy.

According to the latest government data, only 36,000 citizenship applications were received from January to June in 2016, just more than one-third of the number for the same period last year.

In 2015, a total of 130,000 citizenship applications were submitted to Immigration, Refugees and Citizenship Canada, compared to an average of 200,000 received in previous years.

"The decline is so significant that it cannot be ignored," said retired immigration department director-general Andrew Griffith, who obtained the government statistics for policy analysis for the Montreal-based Institute for Research on Public Policy.

"I had thought the citizenship fee increases would provoke a decline in applications, but I was surprised by the steepness of the decline."

The former Conservative government raised the citizenship fee to \$300 from \$100 per adult in 2014, and again to \$530 last year — to fully recover the processing cost of applications. The fee had been held constant at \$100 for almost two decades.

Although immigration officials said at the time the fee hikes would have no impact on the number of immigrants applying to become citizens, Griffith said the data clearly shows otherwise.

Besides the fee hikes, the only major change to the citizenship program was the new requirement for applicants between the age of 55 and 64 to pass the knowledge test.

"If the current 2016 trend continues, we will have 300,000 new immigrants and far less than 100,000 new citizens," Griffith cautioned, TORSTAR NEWS SERVICE

MILITARY

Top general fined for gunshot

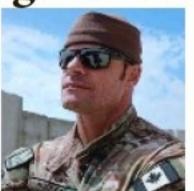
Canada's top special forces soldier must pay \$2,000 after accidentally firing his weapon near another military officer last year.

A military judge handed down the punishment today after Maj.-Gen. Mike Rouleau pleaded guilty at a court martial to one count of conduct to the prejudice of good order and discipline.

The case stems from an incident in northern Iraq last December, where 170 Canadian special forces are currently based, helping to train Kurdish forces in the fight against Daesh.

Rouleau and another officer were getting ready to visit a forward operating base after presenting several soldiers with medals when his rifle fired one round, according to a statement of facts read during the court martial. The bullet from Rouleau's weapon hit the ground less than two feet from the officer.

Rouleau could have faced a maximum punishment of dismissal from the military with disgrace. THE CANADIAN PRESS



Maj.-Gen. Mike Rouleau. TORSTAR NEWS SERVICE FILE



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'There's no aid that's come'

NATURAL DISASTER

Haiti needs \$120 million, UN estimates

People throughout Haiti's devastated southwest peninsula formed makeshift brigades Tuesday to clear debris and try to regain some semblance of their pre-hurricane lives as anger grew over the delay in aid for remote communities more than a week after the Category 4 storm hit.

A community group that formed in the southern seaside community of Les Anglais began clearing tree limbs from streets and placing them into piles while others gathered scraps of wood to start rebuilding homes destroyed by Hurricane Matthew.

Carpenter James Nassau donned a white construction helmet as he rebuilt a neighbour's wall with recycled wood, hoping to earn a little money to take care of 10 children, including those left behind by his brother, who died in the storm.

'My brother left five kids, and now I've got to take care of them," he said. "Nobody has come to help."



People walk down a debris-covered street in the commune of Port-a-Piment, in Les Cayes, Haiti, on Tuesday. Haiti faces a humanitarian crisis that requires a 'massive response' from the international community, the UN says. AFF/GETTY IMAGES

The scene repeated itself across small seaside and mountain villages dotting the peninsula, where people pointed out helicopters buzzing overhead and questioned why they haven't received any help.

Israel Banissa, a carpenter who lives near the small mountain town of Moron, said a Red Cross assessment team stopped outside his village to ask people questions but didn't leave any supplies.

There's no aid that's come here," he said as he sawed wood to help rebuild his home and dozens of others. "I don't think they care about the people up here."

The UN humanitarian agency in Geneva has made an emergency appeal for nearly \$120 million in aid, saying about 750,000 people in southwest Haiti alone will need "life-saving assistance and protection" in the next three months. UN officials said earlier that at least 1.4 million people across the region need assistance

and that 2.1 million overall have been affected by the hurricane.

The National Civil Protection headquarters in Port-au-Prince raised the official nationwide death toll to 473, which included at least 244 deaths in Grand-Anse. But local officials have said the toll in Grand-Anse alone tops 500. THE ASSOCIATED PRESS

HURRICANE MATTHEW

U.S. braces for more

A state trooper shot and killed an armed man during a search for flood victims in a tense and dispirited North Carolina, and thousands more people were ordered to evacuate as high water from Hurricane Matthew pushed downstream Tuesday, two days after the storm blew out

Matthew's death toll in the U.S. climbed to 30, half of them in North Carolina, in addition to the more than 500 feared dead in Haiti.

In Greenville, a city of 90,000, officials warned that the Tar River would overwhelm every bridge in the county by sundown, splitting it in half before the river crests late Wednesday. Evacuations were ordered there and in such communities as Goldsboro and Kinston, as rivers swelled to some of the highest levels ever recorded.

Tens of thousands of people have been warned to move to higher ground since the hurricane drenched the state with more than a foot of rain over the weekend during a run up the East Coast from Florida. THE ASSOCIATED PRESS

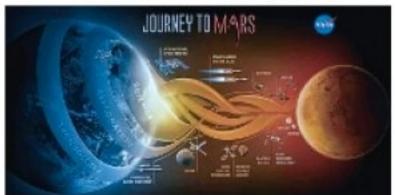
CHINA

ASK ABOUT OUR EVENING CLASSES

Girl found wrapped in dead parents' arms

Rescuers pulled out a three-year-old girl who survived under the remains of collapsed homes in the arms of her dead parents, state media reported Tuesday. The bodies of her mother and father protected the toddler from being hurt. The three were found under the rubble 15 hours after a group of decrepit homes collapsed in eastern China, killing 22 people. Six people survived. THE ASSOCIATED PRESS

Obama still pushing to send humans to Mars



This image shows NASA'S Journey to Mars. President Barack Obama sought to reinvigorate his six-year-old call for the U.S. to send humans to Mars by the 2030s. NASA VIA THE ASSOCIATED PRESS

President Barack Obama sought Tuesday to reinvigorate his sixyear-old call for the U.S. to send humans to Mars by the 2030s, a mission NASA has been slowly and quietly trudging away at.

The White House was calling attention to government contracts awarded to six companies to build prototypes for "habitats" that could sustain human life in deep space. One such privately developed habitat - an inflatable room — is already attached to the International Space Station. Obama also said that within

two years, private companies like SpaceX and Boeing will taxi astronauts to the space station with NASA as a customer.

These missions will teach us how humans can live far from Earth, something we'll need for the long journey to Mars," Obama wrote in an op-ed on CNN's website. He said the ultimate goal is for humans eventually to stay for an extended time.

NASA officials and outside space experts said there is little new in what's coming out of the White House on Mars, something NASA has taken to calling its "Journey To Mars."

"There's nothing big here at all, unless you haven't been paying attention," said former George Washington University space policy chief John Logsdon. "It's a re-focusing of the fact that he set these goals and NASA has been pursuing them."

The president planned to discuss the initiative further when he meets with scientists, engineers and academics at an innovation summit Thursday in Pittsburgh. THE ASSOCIATED PRESS

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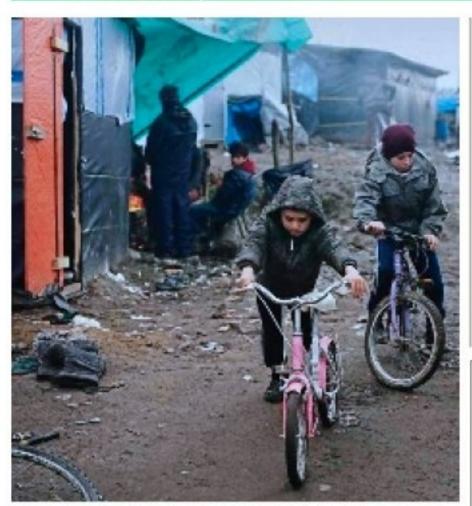
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metr

NEWS World

Wednesday, October 12, 2016 21



Afghan children ride bicycles in a makeshift migrants camp near Calais, France. JEROME DELAY/THE ASSOCIATED PRESS FILE PHOTO

Groups back 'The Jungle'

MIGRANT CRISIS

Aid groups fight against tearing down Calais camp

Charities working with refugees and migrants living in a slumlike camp in northern France objected Tuesday to the government's plan to dismantle the site and disperse the occupants, saying French authorities should not act in haste.

Although no date has been announced for closing the refugee camp in Calais known as "The Jungle," the French government has announced it will happen by the end of the year. The first group of migrants is expected to be moved as soon as next week.

Homelessness charity Emmaus and other organizations working in the camp met again with Interior Minister Bernard Cazeneuve Tuesday. Emmaus asked for the closure to be postponed, saying the conditions for an effective and humanitarian relocation have not been met.

"The government is heading straight into a wall," Emmaus France President Thierry Kuhn said before the meeting. "We should not bury our heads in the sand; people will come back as long as we won't be able to offer them a solution adapted to their life plan."

A church organization, Secours Catholique, said it also opposes clearing out the area, where up to 10,000 migrants are living in the border refugee camp on the French side of the English Channel.

The government announced plans over the summer to disperse Calais migrants to centres across France, where they would be able to apply for asylum.

"On the other hand, the people who are not entitled to asylum will be brought back," French President Francois Hollande said during a speech at the Council of Europe on Tuesday. "But most of those in Calais are entitled to the right to asylum. Everybody will be offered a solution."

The charitable groups say the plan is faulty because a large proportion of migrants in the camp have no interest in staying in France, but hope to cross the English Channel to Britain.

"The government needs to take its time; otherwise, half of the people in the 'jungle' won't find a place in the relocation process," Emmaus official Frederic Amiel told The Associated Press. "They will disperse and return."

Christian Salome, the president of the Auberge des Migrants aid group, said he warned Cazeneuve about the high risk of seeing migrants set up new small camps in the immediate aftermath of the destruction.

"He said we must convince as many people as possible to stay in France," Salome said. "But some have good reasons to want to go to the UK and for them, we still have no answers." THE ASSOCIATED PRESS YRIA

20 dead following airstrikes, shelling

Airstrikes on rebel-held parts of the northern city of Aleppo killed at least 14 people Tuesday, while the shelling of a government-held neighbourhood in southern Syria hit a school, killing at least six, including children, opposition activists and state media said.

Syria's official news agency, SANA, also reported rare shelling of neighbourhoods in the capital, Damascus, including several mortar shells fired by opposition groups based on the edge of the city that landed in the residential Qasaa district and close to the Umayyad Mosque, wounding an unspecified number of people.

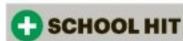
Fighting across the country has intensified in recent weeks following the collapse of a cease-fire.

The northern city of Aleppo, Syria's largest and its former commercial centre, has seen particularly fierce fighting, as pro-government forces try to capture neighbourhoods in besieged opposition-held parts of the city.

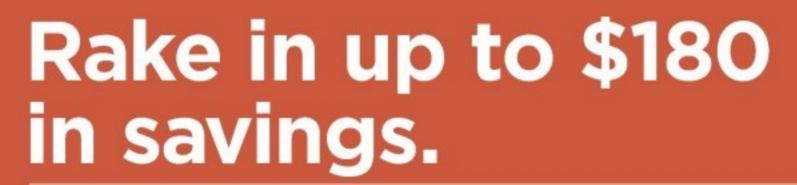
The activist-operated Aleppo Today TV station and Qasioun news agency said bunker-busting bombs were used in an attack on the Bustan al-Qasr neighbourhood in rebel-held eastern Aleppo.

Other activist groups and a member of the Aleppo local council, Zakaria Amino, said rescue workers were searching for people under the rubble.

THE ASSOCIATED PRESS



In the city of Daraa, where the conflict began following anti-government protests in March 2011, rebels fired rockets at government-held areas. One hit a primary school, killing six people and wounding 18 students, according to state-run news agency SANA.



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Samsung stopping Note 7 production

Samsung Electronics said Tuesday it is stopping production of Galaxy Note 7 smartphones permanently, a day after stopping global sales of the ill-fated devices amid reports that batteries were catching fire.

The South Korean company is struggling to regain consumer trust after a first round of recalls that prompted criticism both for the faulty devices and for the company's handling of the problem. After the earlier recall, the company said it had identified a manufacturing defect in the batteries of its top-of-the-line smartphone.

It started shipping new Note 7 phones that were supposed to be safer. But reports that even the replacements were catching fire led Samsung to announce it was stopping sales of the devices.

Authorities in the U.S. and South Korea are still investigating why even the replacement Note 7 phones are catching fire. An official at the South



South Korean students try out Galaxy Note 7 smartphones at Samsung's outlet in Seoul. THE ASSOCIATED PRESS

Korean safety agency said the replacement phones may have a defect that is different from the problem with the original Note 7s.

Samsung's shares plunged 8 per cent Tuesday in Seoul, their biggest fall since the 2008 financial crisis. And that was before it announced it was discontinuing the Note 7.

THE ASSOCIATED PRESS

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Pandit: Sai Ram ji

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Former oilsands exec makes leap to fashion

Jean-Michel Gires designs clothing for women

An oilsands executive known for employing the art of the deal is putting his passion for the art of photography into a new line of silk scarves, spandex leggings and other women's clothing.

Jean-Michel Gires set French energy giant Total S.A. on course for a massive buildup of oilsands production while heading the company's Canadian branch in Calgary from 2009 to 2013.

At one point, he vowed the company would spend \$20 billion to achieve 200,000 barrels per day of oilsands production by 2020 (a timeline Total has since backed away from, in part because of low oil prices).

He returned to head office in Paris when his Calgary gig was up but says that, after 25 years, he was no longer interested in life as a travelling executive. He resigned and moved back to Calgary, first as a partner in a clean-tech venture capital firm and now as the founder and chief designer for a clothing startup that bears his name, By Jean Michel.

In a recent interview, the 58-year-old mining engineer said that he simply needed to be free to pursue his true calling. He spoke at a Calgary photo studio where a fashion photographer, model and stylists were shooting catalogue shots for his 2017 line of scarves, leggings, decorative hand fans and, for the first time, kimonos.

"When I decided to leave Total and decide what I want-



Oil executive turned fashion designer Jean-Michel Gires displays his scarves at a studio in Calgary, THE CANADIAN PRESS

When I decided to leave Total and decide what I wanted to do, all of my passion for photography came back. Jean-Michel Gires

ed to do with my interest in innovation, all of my passion for photography came back,"' he said.

Gires was an early fan of digital photography, buying his first camera 20 years ago so he could share with family and

friends sights from his many foreign Total assignments.

His focus changed, though, after he photographed light reflecting and creating patterns as it danced over moving water in a river near Paris. He decided to make reflecting patterns his "niche" as a photographer.

He finds the patterns everywhere now, on the sides of glass and metal buildings or on mountain lakeshores. When the pattern is turned into a mosaic and printed on highquality fabric, it also produces a "story" that can be printed on a card for the purchaser to share with those who admire her new garment.

Gires' products can be purchased at byjeanmichel.com. THE CANADIAN PRESS

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MELIEWS

Your essential daily news

Wednesday, October 12, 2016

ROSEMARY WESTWOOD TELLS A SURVIVOR'S STORY

'I FELT SICK AND TERRIBLY ANGRY'

Sexual assault is the violent crime least likely to be reported, and the only one not in decline. Only a fraction of survivors who come forward will ever see their stories told in court. Over the course of the past six months, Metro has been following the case of one woman in her 20s who decided, against the odds, to go to the police. **This is what it takes to seek justice.**

It took Lindsey nearly 10 years. But in May, she decided it was time to go to the police.

She'd been calling crisis hotlines in B.C., where she lives. "It was the first time I'd heard anyone say to me, 'Childhood sexual abuse,'" she said. That language used by the hotline counsellors gave her the right words, and made it possible to call the police, despite then-swirling news of the Jian Ghomeshi trial and the vitriol thrown at the women who testified against him.

"I honestly didn't know whether or not reporting was a good idea, if it would bring any good at all," she told me. "I didn't know if I had a case."

When she was 15, in 2007, Lindsey (Metro agreed to use only her first name) met a man twice her age, an instructor at an arts program. She said that he showed romantic interest in her, told her he loved her and encouraged a sexual relationship. Over the course of the year, he initiated increasingly "depraved, animal-level" sexual behaviour, she said, and would take her to forested areas and even his mother's house to have coercive sex.

Then the sexual encounters grew to include her best friend, who was 14. When Lindsey's friend's family found out, they called the police.

Lindsey said the man told her he would kill himself if she told the truth. So she downplayed the relationship and sexual encounters.

The resulting investigation, which ended without charges, splintered her life, damaging friend and family bonds and triggering years of pain and struggle.

But now, in 2016, she'd decided what happened to her was profoundly wrong. She

'I think if I had just said OK, they would have let it lie.' needed reconciliation. She needed some kind of justice.

Lindsey called the RCMP in Surrey. They scheduled an interview at a detachment two days later. tact over the months to come. "I feel like I got lucky. I really do."

It was dark and late by the time they stopped talking that day, and the officers offered me? Can I get protection?"

The experience of recounting her story was "oddly traumatizing" and she felt "swept up again" into the emotions, and the harm.

STOF

STRUCTURAL BARRIERS An RCMP cruiser drives past a stop sign on Parliament Hill. The experience of Lindsey, who told Metro about what she went through in reporting to RCMP sexual abuse that she says occurred in 2007, shows that even when police are co-operative and helpful, justice for survivors remains elusive. THE CANADIAN PRESS

Her fears were many: "My life's going to be ruined, or maybe nothing will happen, or they'll tell me it wasn't childhood sexual abuse." Also: would it matter that she had denied the abuse years earlier?

The interview lasted about two and a half hours, in an interrogation room, "which was disconcerting," she said. There were black marks on the white walls, as if tables had been slammed against them. A couch would have been nice, she thought, but the officers themselves were empathetic, understanding and professional. They didn't make her feel at fault, or disbelieved. She answered detailed questions about how she met the man and about specific sex acts.

"I was blown away by his sensitivity," Lindsey said of Const. Gregory Montgomery, who would be her main conto get her a cab. Montgomery told Lindsey he'd be in touch, making no promises, which she appreciated. "It made me trust him," she said.

A few weeks later, she emailed Montgomery for an update, and he told her they'd recovered the original file from 2007. They were going to look into it.

A month passed. And another.

Lindsey periodically called or emailed for updates. But there wasn't always much to report.

"This is way freaking harder than we thought it was going to be," she told me at the time. "You're upset, you're anxious, you're wondering what's happening. Is anything happening?"

She began worrying that police were contacting the accused. "What if he comes after But she had unique support in her childhood best friend, the one who had also been involved with the man in 2007. They'd reconnected as adults, and on the day Lindsey filed her complaint with police, her friend filed one too. The friend spoke with different officers, who got back to her much sooner with bad news: No charges.

Then on June 30, Montgomery called. The Surrey RCMP's Sexual Victims Unit had reviewed the file. "He said, 'I'm sorry to tell you this, but we can't move any farther with the case,'" Lindsey recalled. Her original statement, which downplayed the sexual events, would undermine her credibility now. Police only recommend charges when there's a reasonable expectation of a conviction in court.

"I put the phone down and

ran upstairs and started to sob," she said. "I felt sick and terribly angry and filled with an overwhelming feeling of injustice."

Then she began to wonder: Had police really done all they could? Neither Lindsey nor her friend had been interviewed to support one another's claims. Nor had Lindsey's parents been reinterviewed. She hadn't been asked to try and dig up text messages or emails from the man.

She researched the laws that would have applied to her case at the time. The age of consent in 2007 was 14 (she was 15) but it was and remains 18 for sexual activity that exploits a young person through prostitution, pornography or a position of authority — meaning charges like sexual interference and sexual exploitation could apply.

Montgomery told her that the RCMP's SVU conducted the initial investigation in 2007. Lindsey's father told me that he recalled an officer discussing the inappropriateness of the age difference. He was told that "because the age of consent was 14 at the time of the incident and because no formal complaint was made at the time, there was really nothing they could do. But what they were going to do was keep an eye on this guy, and in his words, let him know that he's being watched."

Lindsey said that the man's boss — who, as owner of the company that ran the arts program, could establish his role of authority — was never interviewed, either during the initial investigation or at any point afterward. She knows this because while officers were reviewing the original file this year, Lindsey had gone to talk to the boss, to find out what she knew.

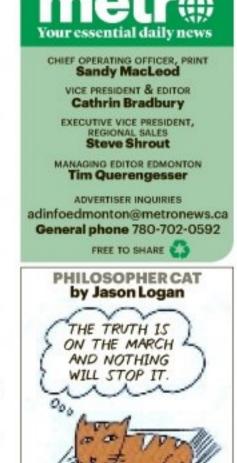
Over the next months, Lindsey continued to call Montgomery, asking him about the age of consent for sexual interference, a charge that seemed to fit her case, since the man had been in a position of authority and she hadn't yet turned 18.

I called Montgomery myself for an update on the case earlier this month, and then, a week later, RCMP's national headquarters. That's when he called back to say he was referring the case, for a second time this year, to the SVU.

"(Lindsey) brought up some very valid questions about it, so I'm going to push it to SVU and have them re-review it," he said. Montgomery, who is new to the force this year, did not explain why it was Lindsey, not the SVU, that raised these questions.

For Lindsey, that means the case it not over. It means hope: "The fact that he's pushing it, that he is taking it and reconsidering after everything I've brought up. That he's doing his due diligence.

"I think if I had just said OK, they would have just let it lie," she said. "It would have stayed the same. It required me to push."



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Khloe Kardashian: Kim's 'not doing that well' after heist

The return of the cupcake

DECIDI

Pair of Toronto bakers bring simplicity back to sweet treat

It's not that pastry chefs Allyson Bobbitt and Sarah Bell are militant on how to do cupcakes ("We're not saving lives here," Bell quips) — they just want to demystify the techniques behind picture-perfect cupcakes for people who are either scared of baking or have written off cupcakes as a passing fad.

We all remember the cupcake trend in the 2000s. Cupcake shops opened at the pace of Starbucks. Cupcake Wars debuted on the Food Network in 2009, pitting bakers against each other to create the most extreme cupcake. The trend reached parody levels in 2012 when a Vancouver bakery called ManCakes rolled out cupcakes with hot sauce frosting topped with crispy chicken skin. In the same year, the cupcake vending machine debuted in American cities. Cupcakes became a joke.

So when Bobbitt and Bell opened their pastry shop, Bobbette & Belle, in Toronto's Leslieville six years ago, they stripped the cupcake down to what people liked about them in the first place — familiar flavours such as vanilla, chocolate and salted caramel. Fluffy swirls of buttercream in calming neutral tones and the occasional pastel.

The return to simplicity worked, leading to a second midtown location two years ago and this month the release their first cookbook, Bobbette & Belle: Classic Recipes from the Celebrated Pastry Shop (\$35, Viking).

Brown Sugar Cupcakes

With Salted Caramel Buttercream and Caramel Drizzle

Ingredients (for the brown sugar cupcakes):

- 1 1/2 cups (375 mL) all-purpose flour
- 1 1/2 tsp (7 mL) baking soda
- 1/4 tsp (1 mL) salt
- 1 1/4 cups (310 mL) lightly packed brown sugar
- 2 large egg whites, room temperature
- 3/4 cup (185 mL) buttermilk, room temperature
- 1 tbsp (15 mL) pure vanilla extract
- 1/2 cup (125 mL) unsalted butter, melted and cooled

Directions:

- Insert liners in a standard 12-cupcake pan.
- In a mixing bowl, whisk together flour, baking soda and salt. Set aside.
- 3. In a stand mixer with the whisk attachment, mix brown sugar and egg whites on medium speed until well combined. Add buttermilk and vanilla and continue to whisk on medium until well combined. Add butter and whisk until well-combined.
- 4. Set mixer to low speed and slowly add flour mixture until well incorporated.
- Divide batter evenly into cupcake pan, filling each cupcake liner about 3/4 full.
- 6. Bake at 350F (175C) for



Allyson Bobbitt and Sarah Bell have kept their cupcakes simple, with familiar flavours like chocolate, vanilla and salted caramel.



Sarah and I love classic flavours, and I think sometimes with trends taking it to the next level means adding 18 million things and adding bacon and all this crazy stuff

Allyson Bobbitt

20 to 25 minutes or until a toothpick inserted into centre of cupcake comes out clean.

7. Let cupcakes cool in pan for 10 minutes before transferring to a wire rack to cool completely before decorating.

Ingredients (for salted caramel sauce):

- 1 cup (250 mL) granulated sugar
- 1/2 cup (125 mL) 35 per cent cream
- 1/4 tsp (1 mL) fleur de sel, maldon or kosher salt

Directions:

1. In a medium saucepan over medium-high heat, heat a half cup of sugar, stirring constantly until sugar melts and turns a golden colour. Be careful not to burn. Add remaining sugar and continue to whisk until everything has melted and turned golden brown.

2. Reduce heat to medium low. On a gentle simmer, add cream slowly, whisking until everything has combined. Add salt and continue to cook, stirring occasionally, until any hard sugar bits have dissolved. Immediately remove from heat and cool completely before using. Sauce can be refrigerated in an airtight container for up to two weeks.

Ingredients (for salted caramel buttercream):

- 4 large white eggs
 1 cup (250 mL) granulated sugar
- 2 cups (500 mL) room temperature unsalted butter, cut into 1-inch cubes
- 1 tsp (5 mL) pure vanilla



extract

 1/4 cup (60 mL) salted caramel sauce

Directions:

- Use a double boiler or fill a medium-sized saucepan with one inch of water. Bring to a gentle simmer. Place a large heatproof bowl over saucepan.
- Whisk together egg whites and sugar until it reaches 140F (70C) on a candy thermometer.
- 3. Immediately transfer to a bowl on a stand mixer with a whisk attachment. Whip on medium-high speed until mixture has cooled to room temperature, has doubled in volume and holds medium-stiff peaks, 8 to 10 minutes.
- 4. Reduce speed to slow

and add 2 cubes of butter to mixer. Increase speed to medium-high to incorporate. Repeat with remaining cubes of butter. Reduce speed and add vanilla and caramel sauce. Whisk on high again until light and fluffy, 1 to 2 minutes.

To assemble:

- 1. Cut off pointed tip of pastry bag and fit with a coupler and desired pastry tip (a large round or star tip works well). Using a rubber spatula, fill bag halfway with buttercream. Push buttercream down toward tip to get rid of air bubbles. Twist top of bag to close.
- 2. Hold twisted end of bag with your dominant hand. Use other hand to guide piping bag as you decorate.
- 3. Hold piping bag at a perpendicular angle, hovering just above cupcake. Begin piping by applying gentle pressure with your dominant hand, squeezing out buttercream in a steady stream, at centre of cupcake and work outwards, then swirl up and work inwards to create a beehive shape. Garnish with salted caramel drizzle and toffee bits. TORSTAR NEWS SERVICE

When you're sick of pumpkin pie

RECIPE

Cheesecake a sweet alternative to traditional autumn desserts

Cheesecake is usually served cold. So brace yourself for something a little different.

Be sure to buy plain pumpkin purée. Avoid anything labeled "pumpkin pie filling" or "pumpkin pie mix," both of which contain unwanted sugar and spices.

Also, don't forget to drain the pumpkin purée. Losing the excess liquid improves the final texture and flavour of the cake.

After cooking, it should still be a little jiggly.

Warm Pumpkin Bourbon Cheesecake Serves 16 For the crust

- 6 Tbsp unsalted butter, melted, plus extra for pan
- 1 1/4 cups gingersnap cookie crumbs (pulse 25 cookies in a food processor until finely ground)
- •1/4 cup dark brown sugar
- 1/4 tsp table salt

For the filling

- •15-ounce can pumpkin purée
- 3 large eggs
- 1/2 cup dark brown sugar
- · 2 Tbsp heavy cream
- · 1 tsp vanilla extract
- 1/4 cup bourbon, dark rum or cognac
- 1/2 cup granulated sugar
- 1 Tbsp cornstarch 1 1/2 tsp cinnamon
- 1/4 tsp nutmeg
- 1/2 tsp ground dry ginger
- 1/2 tsp ground allspice
- 1/2 tsp table salt Three 8-ounce packages 1/3-less-fat cream cheese
- (Neufchatel), room temper-Vanilla ice cream or

whipped cream, to serve



Gourd for you: Warm Pumpkin Bourbon Cheesecake. THE ASSOCIATED PRESS

Directions:

1. Heat the oven to 375 F. Brush inside of a 9-inch springform pan with melted

2. To make crust, in a medium bowl, stir together the 6 tablespoons of butter, gingersnap crumbs, brown sugar and salt until combined. Pour mixture into pan and press evenly over the bottom of the pan. Bake on oven's middle shelf 10 minutes. Transfer to a cake rack and cool for 30 minutes. Reduce the oven to 350 F.

Line a mesh colander with a clean kitchen towel. Mound pumpkin purée into the towel and set over a medium bowl. Bring ends of the towel up and squeeze to remove excess

water (you should be able to squeeze out about 1/4 cup of liquid). Discard liquid. In clean bowl, mix pumpkin, eggs, brown sugar, cream, vanilla

and bourbon. Set aside. 4. In a large bowl, stir together the granulated sugar, cornstarch, cinnamon, nutmeg, ginger, allspice and salt. Add cream cheese, then use an electric mixer on high to beat until smooth, about 3 minutes. Add pumpkin mixture to the cream cheese mixture and beat on low until combined.

Bring a large kettle of water to a boil. Use foil to wrap bottom and sides of the springform pan. Pour filling into the pan. Fold a kitchen towel so it fits in a roasting pan just a bit larger than the springform

pan. Set springform pan on top of the towel in roasting pan. Working quickly, pour enough boiling water into the larger pan to come halfway up the sides of springform pan. Bake cheesecake 65 to 70 minutes, till set but still slightly jiggly at the centre.

6. Serve up cheesecake onto each serving plates and top with vanilla ice cream or whipped cream. If servingcold, transfer to a rack, run a sharp knife around edge and cool completely, about 4 hours, before covering with plastic wrap. Chill. To serve, cut into slices and top each slice with a scoop of ice cream or a spoonful of whipped cream.

SARA MOULTON/THE ASSOCIATED PRESS

LIQUID ASSETS

Artisan distillers give gin new life

Peter Rockwell For Metro Canada

Thanks to the 'drink local' movement, gin is having a bit of a moment. Long the tipple of "mature" imbibers, the juniper berrybased spirit has seen its profile elevated thanks to the ever growing ranks of Canadian artisan distillers who consider it as the perfect platform for their unique regional botanicals.

From British Columbia, Central City's Queensborough Small Batch Dry Gin (\$39.99) harvests its juniper from the province's interior and distinctive, flavourenhancing spruce tips from Vancouver Island. In Ontario, Dillon's

Unfiltered Gin 22 (\$39.85) pours cloudy on purpose because none of its 22 individual flavour components get lost in filtration.

About 20 minutes outside of Antigonish, Nova Scotia, Steinhart Gin (500ml, \$35.00) is made in the blink-and-you-miss-it village of Arisaig. Housed in an apothecary-esque cobalt blue bottle, it's made from locally sourced ingredients and influenced by the Steinhart family's 300-year-old history of distilling that dates back to their origins in Germany.

Pass the tonic!





ROSE REISMAN THE SAVVY EATER

THIS WEEK: Coconut milk

Pure coconut milk is fattening up your favourite Thai dishes.

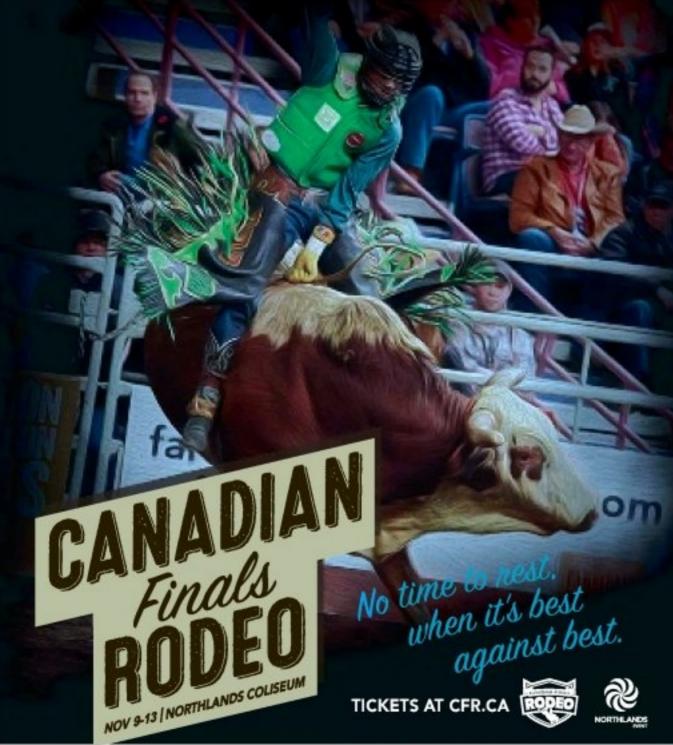






Equivalent in fat to 2 medium slices of thin crust pizza with ham and pineapple from Domino's Pizza.

Coconut milk is a staple ingredient in many delicious South Asian recipes, like curry and stir-fries, as well as in soups, beverages and desserts. The thick, creamy milk-like texture adds flavour to these dishes. It's nutritious, being rich in fibre, vitamins and minerals, and is also lactose-free. However, it's also high in fat, saturated fat and calories, leading many to want to skip it entirely when cooking. A simple switch to the light version gives you only a 1/3 of the fat and calories and is equally as tasty!

















A veggie dish even your kids will like



The kids will never complain about vegetables again after trying this fragrant dish au gratin. TORSTAR NEWS SERVICE

RECIPE

Butternut squash adds sweetness to au gratin dish

Ricardo Larrivée

For Torstar News Service

Here's a secret most parents know: the trick to making any vegetable appealing to kids is to smother it in cheese.

This recipe is no exception, but here's a surprise: the squash in this recipe is actually an essential part of why this dish is so beloved by kids.

Well, my kids anyway. The great thing about

butternut squash is how sweet and creamy it becomes once it's cooked.

In this recipe, the squash also soaks up the irresistible flavours of leeks, onions and garlic sautéed in butter.

This is such a fragrant dish (the whole house will smell like garlic butter!) that you won't even really need cheese.

But I would make it au gratin, so the kids will gobble it up.

Squash and Leek Rigatoni au Gratin Ingredients:

 4 cups (600 g) peeled, seeded and cubed butternut squash

- 2 tbsp (30 mL) olive oil
- 3/4 lb (375 g) rigatoni · 3 cups (285 g) thinly sliced leeks (about 1 or 2)
- · 1 small onion, chopped
- · 2 cloves garlic, chopped 1/4 cup (55 g) butter
- 1/4 cup (40 g) unbleached all-purpose flour
- 2 cups (500 mL) chicken broth
- 1 cup (250 mL) milk
- 8 cups (240 g) lightly packed fresh spinach, stemmed and coarsely chopped (2 bags of 6 oz / 170 g)
- · Red pepper flakes (optional)
- Grated nutmeg (optional)
- . 1 cup (100 g) grated cheddar cheese
- 1/2 cup (35 g) grated Parmigiano-Reggiano cheese
- Salt and pepper

Directions:

1. With the rack in the middle position, preheat the oven to 400F (200C). Line a baking sheet with parchment paper.

2. Place the squash on the

baking sheet. Drizzle with the oil and season with salt and pepper. Bake for about 20 minutes or until tender, stirring halfway through cooking. Set aside.

- 3. Meanwhile, in a large pot of salted boiling water, cook the pasta al dente. Drain. Lightly oil and set aside.
- 4. In the same pot over medium-high heat, soften the leeks, onion and garlic in the butter. Season with salt and pepper. Sprinkle with the flour and cook for 1 minute, stirring constantly. Add the broth and milk. Bring to a boil. Simmer for 5 minutes.
- 5. Off the heat, with an immersion blender, purée the leek mixture until smooth. With a spatula, stir in the squash, pasta and spinach. Adjust the seasoning. Add a pinch of red pepper flakes and nutmeg, if desired.
- **6.** Pour the mixture into a 13 x 9-inch (33 x 23 cm) baking dish. Sprinkle with the cheeses. Bake for about 25 minutes or until golden brown. Let rest for 15 minutes before serving.















JOHANNA SCHNELLER WHAT I'M WATCHING

THE SHOW: Divorce, Season 1, Episode 3 THE MOMENT: The mismatched mates

Frances (Sarah Jessica Parker) and Robert (Thomas Haden Church) are splitting up. For the first time, he'll sleep elsewhere.

As they part, he stands at the bottom of the stairs; she sits a few steps up. "Let's not have a big emotional scene," he says. "Just remember something: I always loved you."

"I loved you," she says.

"Goodbye, Frances," he says. "Goodbye, Robert," she re-

He doesn't move. "Goodbye," he says.

"Good...bye?" she says.

"I really need to use the washroom," he says. "In a hurry."

"Go ahead," she says. He doesn't move.

"Can you go upstairs?" he asks. "I don't want your last memory of me in this house to be ... you know."

She walks upstairs and sits on her bed. For a moment she's sad. Then, FLUSH. She hears Robert's voice ("Come on!") and the sound of plunger on porcelain. FLUSH again.

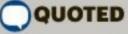
This is not a relaxing series to watch. The subject matter is sharply observed; it often feels original and true. But the tone is uneasy.

Series creator Sharon Horgan, the genius behind Catastrophe, is an expert at saying hurtful things with a smile in her voice. I suspect she writes Frances and Robert that way. The problem is, Church interprets that voice as

comedy - often broad comedy while Parker seems to hear it as occasionally-funny drama.

It's easy to see why Frances and Robert are splitting. But with Parker and Church in different acting hemispheres, what's difficult is understanding why they were together in the first place.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Was Parker's decision to claim the Frances role a way to purge herself of her Carrie **Bradshaw past?**

"I don't WANT to be done with that association," she says. "I loved it! But I'm an actor, I always was, and now my job is to share who Frances is with the audience."

Through six HBO seasons and two feature films, Carrie, with her goofy couture and

asking them to be part of combat

Sarah Jessica Parker on HBO's Divorce

> saucy lexicon ("frenemies," "toxic bachelor"), helped give life to a then-new phase of women's liberation and made Sex and the City a cultural marker.

> "With this show, I think we're initially asking more of our audience: We're asking them to be part of combat," says Parker. THE ASSOCIATED PRESS

Stewart's workaholism a good thing

Non-stop work has actress ready for more, as a director

Three films in this year's New York Film Festival certainly qualify Kristen Stewart as a workaholic, but the actress doesn't think that's such a bad thing.

"Oh yeah, I'm totally addicted, man... I get super obsessed with stuff, you know, and which is to a fault. But it's served me well," said Stewart.

Since the Twilight franchise, the actress has quietly amassed an impressive body of work, including a trio of very different films at this year's festival.

She's already premiered Certain Women, directed by Kelly

The festival is also screening Olivier Assayas's Personal Shopper, and Stewart will walk the red carpet again for Ang Lee's Billy Lynn's Long Halftime Walk on Friday.

With a diverse set of roles since portraying Bella in the Twilight series, Stewart doesn't feel her evolution was intentional and says she just got lucky.

"Honestly, it was not like a tactical approach, you know what I mean? I've always known that if I have a certain dynamic with someone or conversation, it's either leading to productivity or not," Stewart said.

Besides acting, Stewart wants to direct, too, and working with Lee and Reichardt gave her a



Kristen Stewart has three films at the New York Film Festival. GETTY IMAGES

unique perspective, especially since the two take a different approach to directing a film.

"I think they are both absolute geniuses when it comes to being composed, and when it comes to being aware of something that we're not aware of," Stewart said.

"They see the invisible and they capture it, and that's what I would like to do while making movies."

But Stewart leans toward Reichardt's style: "Seeing Kelly steeltrain her way through a movie that seems so natural, but is so deliberate... It makes me want to work now, like start working, now," Stewart said.

Certain Women will be in select theatres on Friday, while Billy Lynn's Long Halftime Walk kicks off on Nov. 11. Personal Shopper, in which Stewart plays a personal shopper for celebrities, isn't available in theatres until next year. As for her own celebrity, Stewart doesn't see herself as an insider.

"I'm so famous," Stewart joked before saying, "I don't even know what that means." THE ASSOCIATED PRESS



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Your essential daily news Lexus UX Concept previews flashy compact crossover in Paris

Standard meets entry-level luxury



THE CHECKLIST **2017 BUICK ENVISION**

THE BASICS

Engine: 2.0-litre Turbocharged Inline-4

Power: 252 horsepower, 36 kilogram metres of torque

Transmission: Six-speed automatic

Cargo Capacity (L): 761 (trunk); 1,622 (seats folded) Fuel Economy (L/100

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- available Derivative styling

Despite detractors, Envision proves itself

Michael Accardi AutoGuide.com

When Buick announced its intention to bring over the Envision built in China, you couldn't go 10 minutes on the Internet without stumbling into some kind of furious consternation.

After only a few short months on the market, Americans have proven that the Envision more than speaks to consumer needs. The Envision isn't just Buick's quickest turning model, but also the quickest turning among its chief rivals - its 25-day turnover rate is half of its next closest competitor.

Stacking the deck even more in Envision's favour - to date it has only been available in two top level trims, Premier I and II. With MSRPs well into the forties, the up-market focused 2016 Envision was offered with a generous smattering of standard equipment, Bose stereo, heated leather front and rear seats, heated steering wheel, advanced safety features and AWD.

Since Buick decided to turn itself around nearly a decade ago, the brand has lived at the alter of safety, whisper-quiet interiors and elegant, tasteful design.

On the road, the Hi-Per front

end keeps everything compliant during heavy acceleration, helping mitigate torque steer and increasing steering feel, while overall providing a soft and plush ride without being soft and wallowy.

The real star of the show is the new mechanical Twin-Clutch AWD system, similar to the one featured in the Cadillac XT5. Buick claims its version was tuned for comfort instead of outright performance. Where the twin-clutch Envision differentiates itself from competitors is its use of mechanical clutches in the rear differential to maximize traction instead of simply using stability control and individual wheel braking to manage slip.

When the Audi Q5 or Acura RDX detect slip, they use a mix of braking and stability control to reduce the torque being transferred to the ground, stopping the slip. The Envision, however, doesn't compromise torque for traction; its mechanical delivery allows it to direct 100 per cent of available torque to any given wheel.

For 2017 Buick equips all Envisions with ten standard airbags sprinkled throughout the cabin, along with Surround Vision and automatic front braking and rear parking aids. Uplevel trims can option a vibrating safety seat, forward crash avoidance, lane keep, lane departure, lane change alert, blind zone alert, and cross traffic alert.

Scoff if you want at the idea of a Chinese-built Buick, but it's a properly executed product that nestles itself in where the top of mainstream meets entry level luxury, making it an attractive proposition.

SPECIAL EDITION

Nissan Texas Titan makes debut at the State Fair

Stephen Elmer AutoGuide.com



Nissan is joining in the feeding frenzy that is Texas pickup truck sales by adding the new Texas Titan to the lineup.

The custom appearance package includes a special chrome grille, 20-inch aluminum alloy wheels, metallicfinish kick plates, Titan Texas floor mats, a chrome exhaust and finally Texas Titan badging all around.

Every manufacturer offers a special-edition model just for Texas to try and capitalize on the Lone Star State's love for trucks, and Nissan is no different.

The Texas Titan package will be available on both the halfton Titan and Titan XD.



Four-wheel drive is available with the package.

On the smaller truck it can be had on two trim levels while the XD offers the package on four trim levels.



The custom package for the Nissan Texas Titan includes a special chrome grille, 20-inch aluminum alloy wheels and metallic-finish kick plate. HANDOUT

30 Wednesday, October 12, 2016 metr@WHEELS

A more aggressive Honda Civic

1 IN BRIEF

2017 Ford Raptor's EcoBoost V6 cranked up to 450 HP

It'll be easy to an easy point to miss so we'll put it right up front: The 2017 Ford F-150 Raptor will be more fuel efficient than the previous generation - and 23 per cent more efficient at that! We're sort of kidding about putting that up front because the real headline most care about is the performance numbers of the new Raptor's twin-turbo high-output EcoBoost V6, which need to be impressive since the new engine is replacing the outgoing 6.2-litre V8. Fortunately they are, with a claimed 450 horsepower rating of the new Raptor. JOSH BURNS/ AUTOGUIDE.COM





TYPE

Honda teases new Civic prototype

The new Civic Type R is getting closer to launching in North America and Honda is teasing us once again with a new prototype. This fresh prototype debuted alongside the new Honda Civic Hatchback at the 2016 Paris Motor Show. This is likely very close to the version that will come to the United States next year as a 2018 model year vehicle. As can be expected, a body kit makes the new Civic Type R look plenty aggressive with larger fenders and air intakes. A large rear wing, a carbonfibre diffuser, and three-port central exhaust setup can be found out back. Honda didn't offer any specifics on the powertrain, though it's already known that the car will use a turbocharged 2.0-litre four-cylinder engine. In the current Type R, this motor makes 306 horsepower, a number that's expected to improve.

STEPHEN ELMER/AUTOGUIDE.COM

Generation EQ

MERCEDES BENZ

concept to compete with Tesla

Giving us a glimpse at its vision for emissions-free motoring, Mercedes-Benz revealed something of a Tesla-killer in Paris. The concept is called the Generation EQ, which, according to the press release, stands for Electric Intelligence. Beneath that coupe-like styling, this four-seat vehicle is motivated by two separate electric motors that provide some 400 hp. Generation EQ is the forerunner to a new Mercedes-Benz sub-brand that will focus on electric mobility.

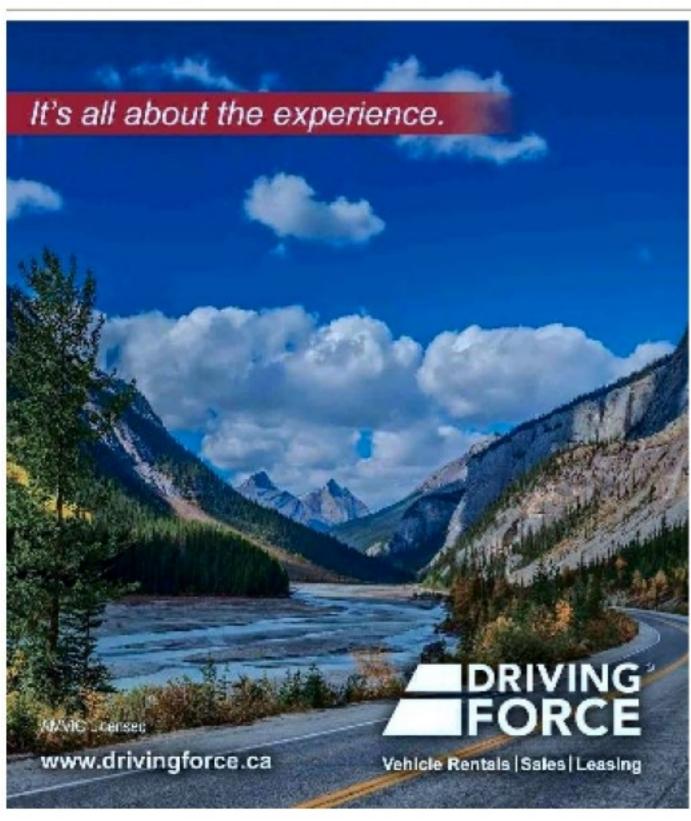
AUDI

RS3 coming to Canada

Audi has revealed its pint-sized RS3 which will be available in Canada, packing big power into a little package. Under the hood of the RS3 will live a 2.5-litre fivecylinder engine with 400 horsepower, sent to all four wheels through a seven-speed dualclutch transmission. The jump from 0 to 100 km/h will happen in just 4.1 seconds, while a top speed of 250 km/h has been set. On request, Audi will bring that top speed up to 280 km/h. Overall, the car is 26 kilograms lighter than it predecessor. STEPHEN ELMER/ AUTOGUIDE.COM









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CARS THAT SHONE AT THE PARIS AUTO SHOW

An obscenely powerful hybrid sports car, a family-friendly SUV with enough space for seven adults, and an electric vehicle that promises to keep going for over 500 kilometres on a single charge —these are some of the notable vehicles shining on the display stands under bright overhead lights at the Paris Mondial de L'Automobile. THE ASSOCIATED PRESS



Opel Ampera-E

This is the European version of the Chevrolet Bolt five-door hatchback going on sale this year. It has attracted attention by getting a range rating of 383 kilometres under the U.S. standard on a full charge. It claims drivers can add 150 kilometres in 30 minutes of charging. Will this car be a significant jump toward making electrics seem more practical to price-conscious regular car buyers? As always, the market will provide the answer.



Porsche Panamera 4 E-Hybrid

It's a comfortable four-door sedan. No. it's a high-performance sports car. If it's the Panamera, it's a little bit of both. The all-wheel drive car draws on the technology used in the company's 918 Spyder supercar so that the electric motor continually adds power.



LaFerrari **Aperta**

This limited edition of the Ferrari's LaFerrari supercar offers the pleasures of open-top driving in a car that performs pretty much like a Formula One racer. It's a hybrid, meaning its electric motor assists the monster 12-cylinder internal combustion engine to add even more powerful acceleration.



Jaguar Land Rover Discovery

The first complete redesign of the Discovery in 12 years, this family oriented large SUV has room for seven adults in three rows. The seats can be rearranged remotely through a smartphone app even when the operator is outside the vehicle.



metr@wheels

BMW X2

BMW showed off a potential new addition to its X-series of SUVs and crossovers, this one offering a sportier take with a flat roofline and big air intakes giving the grill a wider, more aggressive look. The company calls it a "sportactivity coupe," referring to its lower roofline - more like the sloping shape of a coupe than a boxier SUV.



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WHEELS IN BRIEF

New Nissan Micra completely reimagined

Nissan rolled out an all-new Micra subcompact in Paris. The Japanese brand says that the new Micra is totally "revolutionary" and should be a leader when it comes to technology and fuel

three-cylinder turbocharged gas-powered en-STEPHEN ELMER/AUTOGUIDE.COM

will offer a 1.5-litre four-

cylinder diesel, a 0.9-litre

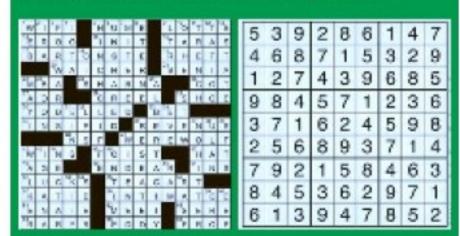
to Nissan, though interior

dimensions weren't given.

Under the hood, the Micra

economy. Compared to today's Micra, the new car is lower. longer and wider, providing more interior space according





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McDavid an 'elite player' going into second season

Oilers star has done nothing but impress in first 45 games

Connor McDavid went around Pavel Datsyuk like he was standing still, blowing past a longtime NHL star for the kind of scoring chance a teenager shouldn't be able to produce with such ease.

McDavid playing above his age is nothing new.

"I've seen him ever since he's been about 14 years of age and he's been the best player against everybody two, three years older

than him," Dallas Stars general manager Jim Nill said. "He's an elite player."

McDavid is ceiling is endless elite at 19 years old, and going into his second pro season with the Edmonton Oilers is already knocking on the door of being the best hockey play-

er in the world. Sidney Crosby has that title right now, but uncertainty about the Pittsburgh Penguins captain's third concussion in six years has put his run of dominance on hold.

Oilers general manager Peter Chiarelli believes "in short or-

der" fans will realize how stellar McDavid is. The "Great One" already sees it.

"I like Connor McDavid," Wayne Gretzky said. "I think this kid's going to be a tremendous superstar and a great player for our sport for a long time."

McDavid follows Gretzky, Eric Lindros and Crosby as a generational talent who everyone knew had star potential. A broken collarbone limited him to 45 games in his rookie season, yet McDavid still had 16 goals and 32 assists. He was a finalist for the Calder Trophy despite missing half the season.

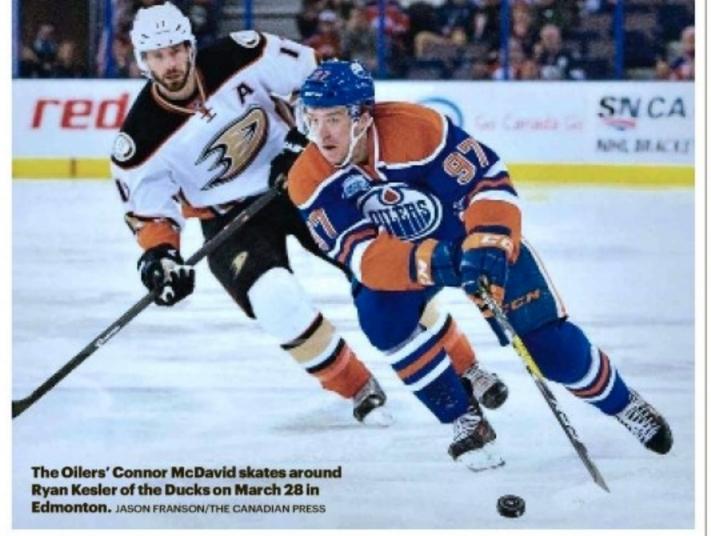
Making moves like he's using a joystick, McDavid is earning every bit of the hype that has

surrounded him since he had 209 points in 88 games during his 14- and 15-yearold midget season in Toronto. His peers are in awe at just how fast face of our game McDavid is able to make plays.

"You can see a guy who can make plays in full speed," said Stars

forward Lauri Korpikoski, who spent last season in Edmonton. "He's got some wheels, he can fly and at the same time he sees the ice and is able to make plays and find guys at that full speed."

The NHL is trending toward speed and skill, and McDavid



exemplifies that. Scouts - and his own agent and Hockey Hall of Fame defenceman Bobby Orr have said McDavid needs to build upper-body strength as he grows into his frame, and having a stronger lower body, as Crosby does, would push him even further.

That will come in time. Hockey lifers see all the right ingredi-

ents for greatness in McDavid, who is part of an exciting wave of young players that includes 2016 top picks Auston Matthews of the Toronto Maple Leafs and Patrik Laine of the Winnipeg Jets, 2015 No. 2 pick Jack Eichel of the Buffalo Sabres and 2014 No. 1 pick Aaron Ekblad of the Panthers.

The future of the sport is

bright because of all that talent, but McDavid stands out even to his peers.

"He's a very special player, everybody knows who he is and what he can do," Matthews said. "He thinks the game extremely well, and he's a fast player.... He can do a lot of things at a pace that not many people can do." THE ASSOCIATED PRESS

Crosby opens up about setback

Sidney Crosby collided with a Pittsburgh Penguins teammate last Friday at practice and thought nothing of it. Just one of those things.

When the two-time MVP woke up Saturday, though, the headache he experienced felt familiar and he was hardly surprised by the concussion diagnosis that will keep the Penguins captain out indefinitely.

It's well-worn territory to be sure for a player who missed the better parts of two seasons following a blindside hit to the head in January 2011.



I'm comfortable and confident that things will be OK.

Sidney Crosby

That doesn't mean, however, that what Crosby's dealing with now will linger as long as those interminable two years when he wondered when he'd get right.

If anything, what he endured then will only help him going forward. "I think going through it, you understand the process and I think that progress is a good thing," he said.

Crosby felt good enough on Tuesday to spend nearly an hour on the ice skating, but he declined to set any sort of timeline on when he may return.

THE ASSOCIATED PRESS

Kaepernick gets his starting gig back

I just think the

with him. He's

going to be the

for many, many

years.

Stars GM Jim Nill

The San Francisco 49ers are putting their future back into Colin Kaepernick's hands.

Coach Chip Kelly announced the decision Tuesday to bench Blaine Gabbert and to give back the starting job that Kaepernick lost midway through last season. Kaepernick has only played briefly in the opener but has generated attention with his refusal to stand for the national anthem as a form of protest.

Gabbert has struggled this season for San Francisco (1-4).



Colin Kaepernick GETTY IMAGES

He is last in the NFL in yards per attempt (5.9) and has the second-worst passer rating (69.6) in the league. THE ASSOCIATED PRESS

IN BRIEF

Eagles right tackle banned 10 games for PED use

Philadelphia Eagles right tackle Lane Johnson has been suspended for 10 games by the NFL for violating the league's policy on performance-enhancing substances.

It's his second suspension. One more would cost Johnson two years. Johnson appealed the positive test, but an arbiter upheld the ruling.

The Eagles (3-1) visit Washington (3-2) on Sunday. THE ASSOCIATED PRESS

Burris returns to starting QB role with Redblacks

With the Ottawa Redblacks struggling to find ways to win, the team is hoping its oldest player can make a difference.

The Redblacks will turn to veteran quarterback Henry Burris over Trevor Harris Friday night as they take on the Hamilton Tiger-Cats.

The Redblacks dropped to 6-7-1 after a 32-30 loss to Saskatchewan and are below .500 for the first time since their inaugural season in 2014. THE CANADIAN PRESS

Judge won't rule out mistrial for Rose

A judge in the trial of a rape given three text messages imlawsuit against NBA star Derrick

Rose and two other men said Tuesday that he's considering a mistrial after criticizing the plaintiff's lawyers as "unbelievably careless" in production of exhibits.

accuser is seeking in the Rose's lawyers civil lawsuit. asked U.S. District

Court Judge Michael W. Fitzgerald to declare a mistrial because they had not been

portant to their case until Fri-

day, when Rose was on the witness stand.

The lawyers for \$21.5M the woman who accused the New York Knicks player The amount the and two friends of raping her in her apartment in 2013 said the texts were

> previously disclosed and the argument was frivolous. THE ASSOCIATED PRESS

metr#sports 34 Wednesday, October 12, 2016

Estrada to lead ALCS charge

MLB PLAYOFFS

Jays pitcher set tone in ALDS sweep with a Game 1 win

Toronto right-hander Marco Estrada set the early tone for the American League Division Series in his start last week in Texas. The Blue Jays are hoping for a repeat performance in the AL Championship Series on Friday in Cleveland.

Manager John Gibbons confirmed Tuesday that Estrada will be the Game 1 starter at Progressive Field. "I think he was the logical choice," Gibbons said. "We could have gone with anybody and felt good. But he's been so good in that role and then we'll just shape it after him in these next couple days."

Estrada, who had a 9-9 record and 3.48 earned-run average in the regular season, was dominant over 8 1/3 innings in a 10-1 Game 1 victory last Thursday. He held the top-seeded Rangers to one earned run and four hits and didn't issue a walk. The 33-yearold native of Sonora, Mexico was also strong in the playoffs last year. He posted a 2-1 mark and 2.33 ERA over three starts.

The Blue Jays enjoyed an offday Monday after capping their 3-0 ALDS victory with a 7-6, 10-inning win on Sunday night. They had a light workout Tuesday



Marco Estrada #25 of the Toronto Blue Jays throws a pitch against the Texas Rangers in game one of the American League Division Series. RONALD MARTINEZ/GETTY IMAGES

afternoon and some players took batting practice. The break before the next series gives the team a chance to recharge and allows some injured players to rest. It also allows for some potential tinkering of the starting rotation.

The rest of the series hasn't been confirmed after Estrada, but Marcus Stroman is a good

bet to start Game 2 on Saturday. He came through with a quality start in Toronto's wild-card game victory over Baltimore on Oct. 4.

Chances are good that 20game winner J.A. Happ would get the nod when the series moves to Toronto for Game 3 on Monday with Aaron Sanchez the likely choice for Game 4 on Tuesday.

"Our real big strength for us this year is our rotation," Gibbons said. "Any of them could do the job and do it well. They've been doing that. There's no automatics, no guarantees, but they're all pretty good." The Indians also swept their way to the ALCS, wrapping things up Monday night with a Game 3

I think he was the logical choice.

Blue Jays' coach John Gibbons on picking Estrada to start Game 1 of the ALCS

victory in Boston.

"A tough ball club to shut down and they're hot like us too," Gibbons said. "They ended up finishing really strong in winning the home-field advantage and then they swept Boston so they're playing really good too right now."

If a fifth game in the best-ofseven series is necessary, it would be played Oct. 19 at Rogers Centre. Cleveland would host Game 6 on Oct. 21 and Game 7 on Oct. 22 if required.

Blue Jays left-hander Francisco Liriano, who suffered a concussion last Friday, is improving and hopes to be ready to return Saturday once he completes Major League Baseball's seven-day concussion protocol.

However, Gibbons said righthanded reliever Joaquin Benoit will not play in the ALCS. He's still recovering from a torn calf muscle. Second baseman Devon Travis said his sore right knee is feeling better and he expects to be ready for Game 1.

Toronto is unbeaten in October and will take a six-game winning streak into Cleveland. THE CANADIAN PRESS

Radio man won't use Cleveland team name

Blue Jays radio broadcaster Jerry Howarth won't be using the word "Indians" when he calls the American League Championship Series between Toronto and Cleveland, and he says he hasn't uttered the team nickname on the air for nearly 25 years.

Howarth told The Fan 590 on Tuesday that he stopped using team names like Indians and Braves and terms such as tomahawk chop and powwow on the mound after receiving a letter from an aboriginal fan after Toronto defeated Atlanta in the 1992 World Series.

He called it "one of the best fan letters I've ever received."

"He said 'Jerry, I appreciate your work but in the World Series, it was so offensive to have the tomahawk chop and to have people talk about the powwows on the mound and then the Cleveland Indians logo and the Washington Redskins.' He just wrote it in such a loving, kind way. He said 'I would really appreciate it if you would think about what you say with those teams."

Howarth wrote the man back, promising he would stop using Indians, Braves and other offensive words. "I haven't from that point on," he said.

THE CANADIAN PRESS

MLB PLAYOFFS

Utley homer forces Game 5 for Dodgers

Chase Utley singled home the TUESDAY in Los Angeles tiebreaking run with two outs in the eighth inning after the Dodgers' bullpen faltered in relief of Clayton Kershaw, and Los Angeles avoided elimination Tuesday with a 6-5 victory over the Washington Nationals that forced a deciding Game 5 in their NL playoff.

Kenley Jansen worked the ninth for a save one day after giving up four late runs in a Game 3 loss, preventing the Nationals from clinching a post-season series for the first time.

Game 5 is Thursday in Washington, with 20-game winner Max Scherzer expected to pitch for the Nationals. Dodgers manager Dave Roberts said he will use left-hander Rich Hill and rookie Julio Urias, but did not announce which one will start.

Adrian Gonzalez hit a tworun homer for the Dodgers, who turned to Kershaw on three days' rest to salvage their season.

The score was tied 5-all with two outs in the eighth when





Andrew Toles got hit by a pitch from Blake Treinen. Pinch-hitter Andre Ethier followed with a single to left and Utley singled to right, scoring Toles from second for a 6-5 lead.

Trailing 5-2 in the seventh, the Nats had runners on first and second against Kershaw with two outs. Bryce Harper drew an eight-pitch walk to load the bases and chase Kershaw, who walked off with his head down. Pedro Baez forced a run to make it 5-3. Daniel Murphy's single off Luis Avilan dropped between Toles and Joc Pederson in left-centre field, scoring two runs to tie it at 5. Joe Blanton, who earned the win, retired Anthony Rendon on a swinging strikeout to end the inning. THE ASSOCIATED PRESS

MLB IN BRIEF

Sportsnet scores ratings hit in Jays' latest victory

An average of 4.73 million viewers watched Sunday's pivotal Game 3 of the American League Division Series between the Toronto Blue Jays and Texas Rangers.

Toronto's climactic 7-6 victory became Sportsnet's most-watched program of 2016 and third mostwatched broadcast of all time. THE CANADIAN PRESS

Farrell's job in Boston is safe for another season

John Farrell will be back as the Boston Red Sox manager in 2017.

President of baseball operations Dave Dombrowski made the announcement Tuesday after the club was swept out of their American League Division Series by Cleveland. Dombrowski said the season was a success after the ballclub went from worst to first to win the AL East. THE ASSOCIATED PRESS



MLB PLAYOFFS CUBS AND GIANTS FACE OFF IN GAME 4 Giants shortstop Brandon Crawford tags out Cubs centre fielder Dexter Fowler on Tuesday night at AT&T Park in San Francisco. Cubs led 2-1 prior to first pitch. For this result and more visit metronews.ca. EZRA SHAW/GETTY IMAGES

15

34

29

80

83

66

42

56

22

25

27

16

19

40

54

15. Bridal accessories

22. Consider things

20. Ms. Ward

with fresh eyes

27. Title lady of a

29. Geisha's outfit accessory

Everything

24. Sanctions

KISS ballad

28. Bash

RECIPE Roasted Chicken with Grapes



Ceri Marsh & Laura Keogh For Metro Canada

This sweet and savoury combination is dinner-party worthy but simple enough for weeknight meal.

Ready in 30 minutes

Prep time: 5 minutes Cook time: 25 minutes Serves 4

Ingredients

- 1 Tbsp olive oil
- 4 chicken thighs
- · 2 shallots, sliced
- 3 cloves of garlic, minced
- 3 cups red seedless grapes 1 cup chicken stock
- 1 Tbsp balsamic vinegar
- 1 Tbsp brown sugar
- 2 Tbsp dried thyme

- Preheat oven to 400 degrees. 2. In a large, oven-safe skillet, warm olive oil over medium high heat. Brown, but don't worry about cooking through, chicken thighs, 3 minutes each side. Remove from skillet and place on a clean plate.
- 3. Reduce heat under skillet to medium and toss in shallots and garlic. Cook 3 minutes until they soften. Add grapes, stock, vinegar, sugar and thyme and give everything a good stir. Allow the sauce to begin to simmer.
- 4. Nestle chicken pieces into the sauce and place the skillet in the oven. Bake 20 minutes.
- Serve over couscous, mashed potatoes or polenta.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

20

28

30

24

38

41

55

58

82

ACROSS

- 1. Coral _ 5. Pretends 9. Strawberry and Raspberry, in jars 13. North-Eastern Canada: People whose homeland is called Nitassinan 14. _ muffins 15. Parking attendant 16. Animal den 17. Pacific Northwest salmon 18. School, in Hull 19. Les _-Unis (United States, in Sherbrooke) 21. Nickname 23. Reduction 25. Dodges 26. Swiss peak
- 27. Headquarters 28. 1991 Tragically Hip album on which the tune at #9-Down is a track: 2 wds. 33. Flat-bottomed vessel 37. Competent
- 38. Uprising uproars 39. McIntosh's middle 40. Kilometre's cousin in The States 41. Is emulating a fugitive, is what?: 3
- wds. 43. Give in 45. Old French coin 46. More, at any
- concert 49. Stood firm 54. Mothers of some
- cubs 56. Look and look
- 57. Plane: French 58. __-daisy

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

- 60. Mr. Clapton 61. Ms. Hopkins of '80s sitcom "Gimme
- a Break!" 62. Scottish slope 63. __ ex-
- tra cost
- 64. Simple
- 65. Some beans 66. Cdn. hock-

ey competition in 1972

DOWN 1. Miffed

- 2. Related maternally
 - 3. 1946: 'Giant Brain' computer 4. The Bane of Bea-

nings of Business... Canada's commerce commencer: 3 wds. 5. "When Smokey

vers/The Begin-

59

Sings" band

6. _-examination 7. Lake _ (American resort)

31. Hanker 32. Movie studio area 34. Dove's patter 35. Surgery sites, shortly 36. Tiny 42. Miss Lane of comics 44. Field 46. Uplift 47. Skin care company 48. Springs 49. Artwork like the

original, informally 50. Magazine piece 51. Fruit-filled pastries 52. Brockovich and Moran 53. Home designer's interest 55. Stand-ins

59. Approving an-

CONCEPTIS SUDOKU by Dave Green

8. High-hatter

9. Underwater ex-

My Arm": 2 wds.

10. Not silently

12. Leaves in, in

proofreading

Every row, column and box contains 1-9

ance

11. Type of disturb-

plorer in The Tragic-

ally Hip song "Twist

Aries March 21 - April 20 Today you feel so tenderhearted that you are willing to put the interests of others before your own. In fact, you will find it rewarding to be able to help someone who is less fortunate.

Taurus April 21 - May 21 You might idealize a friend today. In one way, this promotes a warm friendship. Nevertheless, it's always wise to be realistic.

Gemini May 22 - June 21 Someone in a position of authority (boss, parents or VIPs) will be aware of your efforts to help someone who is in need of assistance. This might inspire others to do likewise.

Cancer June 22 - July 23 Because your appreciation of beauty is heightened today, give yourself a chance to enjoy beautiful things and places. Visit art galleries, museums, architectural buildings and landscaped parks.

Leo July 24 - Aug. 23 If you are sharing something with someone today, don't give away the farm. There is such a thing as "idiot compassion." Remember: You count, too.

Virgo Aug. 24 - Sept. 23 Relations with partners and close friends will be warm and friendly today. If you can do something to help someone, it will be gratifying for both of you.

Libra Sept. 24 - Oct. 23 A co-worker might confide in you today or need some counselling. Or perhaps he or she just needs a sympathetic ear. Whatever the case, you are willing.

Scorpio Oct. 24 - Nov. 22 You feel tender toward the needs of children today. If you can help a young person, you will. Meanwhile, romance is starry-eyed and dreamy!.

Sagittarius Nov. 23 - Dec. 21 You feel genuine concern and compassion for a family member today. This is why you want to show your support for them in any way that you can. This will be a win/win situation.

Capricorn Dec. 22 - Jan. 20 Don't worry if you spend a lot of time daydreaming or being lost in thoughts about fantasies. After all, everyone needs a day like this now and then.

Aquarius Jan. 21 - Feb. 19 Be careful with financial matters today because you are inclined to overlook details. Don't be a sucker for a sob story. Make sure you know what you're doing.

) Pisces

Feb. 20 - March 20 Today the Moon is lined up with your ruler, Neptune. This enhances your psychic feelings. It also makes you very sympathetic to others.

3 5 8 7 9 2 6 4 9 2 3 8 5 6 6 3 2 8 9 4 6 9 5

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